

Patterns & Instructions

by *HappyPattyCrochet*

Helleborus Niger

Christmas Rose



Happy Patty Crochet

Skill Level

Advanced Beginner

Skill Needed

Crochet

Introduction

Hello! Here I'll show you how to crochet these super elegant & delicate Helleborus Niger, also known as Christmas Rose. It's such an aesthetic blossom, 2-3 are enough to make a stunning table or windowsill decor and 2-3 more are enough to make a stunning gift for someone special for Christmas :)

The blossom is made of crocheted sepals, and its 'flower part' is made of a dough-like material, inside you'll find detailed instructions and photo tutorial on how to make the dough, the petals, stamens, carpels and how to complete the blossom.

Enjoy!!

Materials

- Pearl Cotton Size #8 in White, Cotton thread size #20 in Green.
- Steel Crochet Hooks in Sizes 0.6mm & 1.0mm.
- Floral tape (Green or Light Green), thin Metal Wires (gauge 26).

For the Flower Part (enough for ~6 blossoms) :

- Corn Starch (Corn Flour), ~2 table spoons.
- Baby Oil, ~2 table spoon.
- PVA Glue ("White glue"), ~2 table spoon.
- White & Green Acrylic Color (for canvas or fabric), small 20ml tubes are enough for around 30 blossoms.

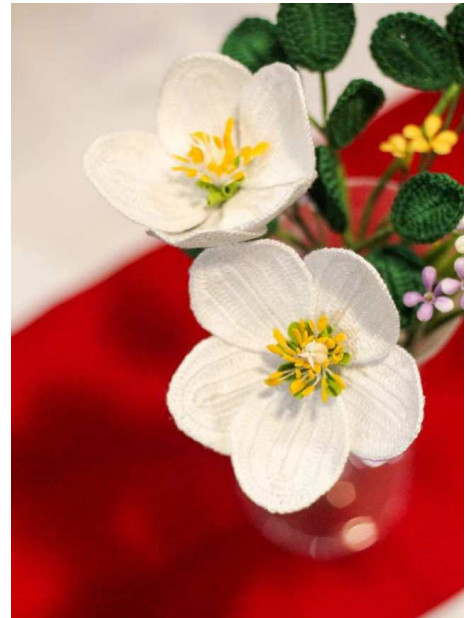
Pattern notes

In this e-book I first show a pattern diagram, and then the instructions in American Standard Terms (You can see conversion table for British terms at the end of the e-book). After that you'll find photo guides for how to make the flower.

I've created a page in my Blog where I updated a list of recommended tested threads - see [here](#).

** If you have problem finding the material needed, don't hesitate to contact me and I'll do my best to help.*

** I apologize for including copyright notices on diagrams - I have recently found too many cases of my patterns being shared, hopefully this will help. Thank you for understanding!*



Abbreviations

sl-st - Slip Stitch

ch - Chain

sc - Single Crochet

hdc - Half Double Crochet

dc - Double Crochet

tc - Triple (Treble) Crochet

2-st sc inc - 2 Stitch SC Increase
(2 sc in same stitch)

2-st hdc inc - 2 hdc increase

2-st dc-tc inc - dc followed by a tc in
the same stitch

dec - Decrease

yo - Yarn over

sk - Skip

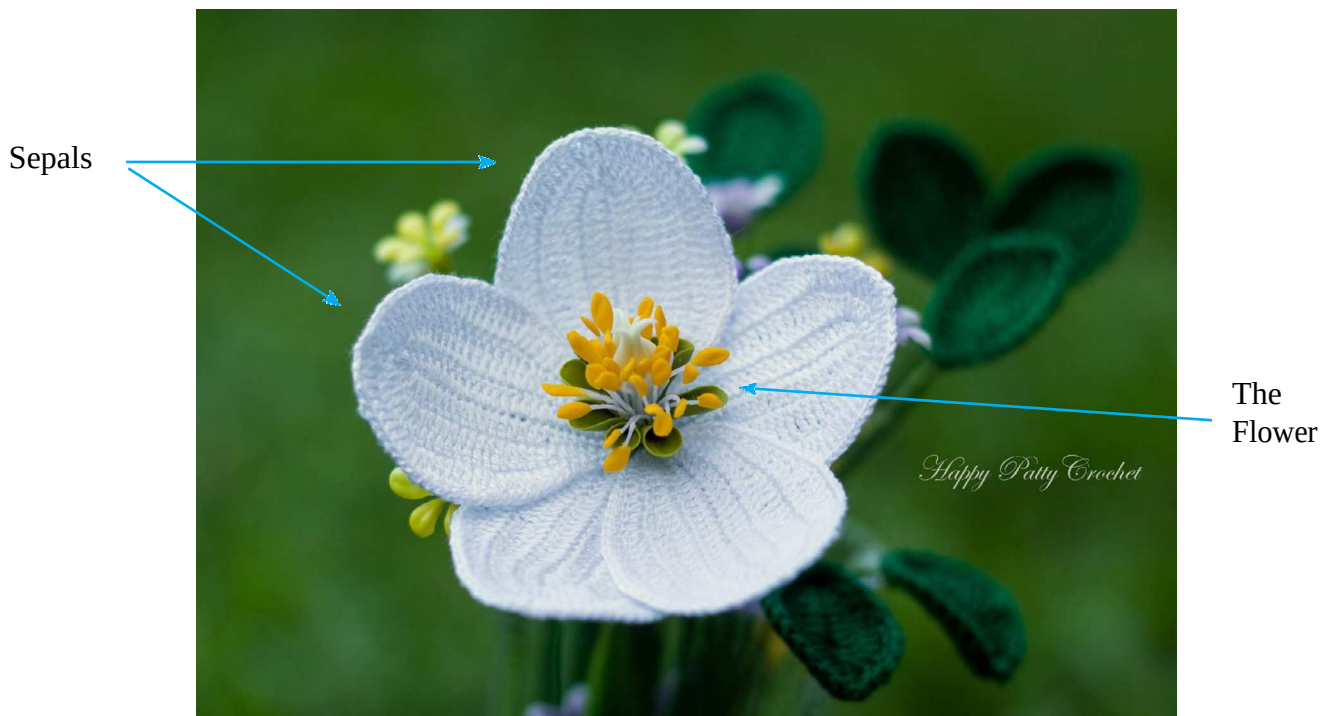
beg - Beginning

Helleborus Niger

The Helleborus Niger is made of 5 sepals (in either white, light green or pink), and a flower in the middle, consisting 7-12 green cone shaped petals, many stamens and 4-6 carpels.

While the stamens are being crocheted, the entire flower part (which will be called either 'flower' or simply 'flower part'), is made of material very similar to play dough. Its fun to make, and fun to play with! :)

The Sepals are being crocheted using pearl cotton thread in size #8, with a steel crochet hook in size 0.6mm.



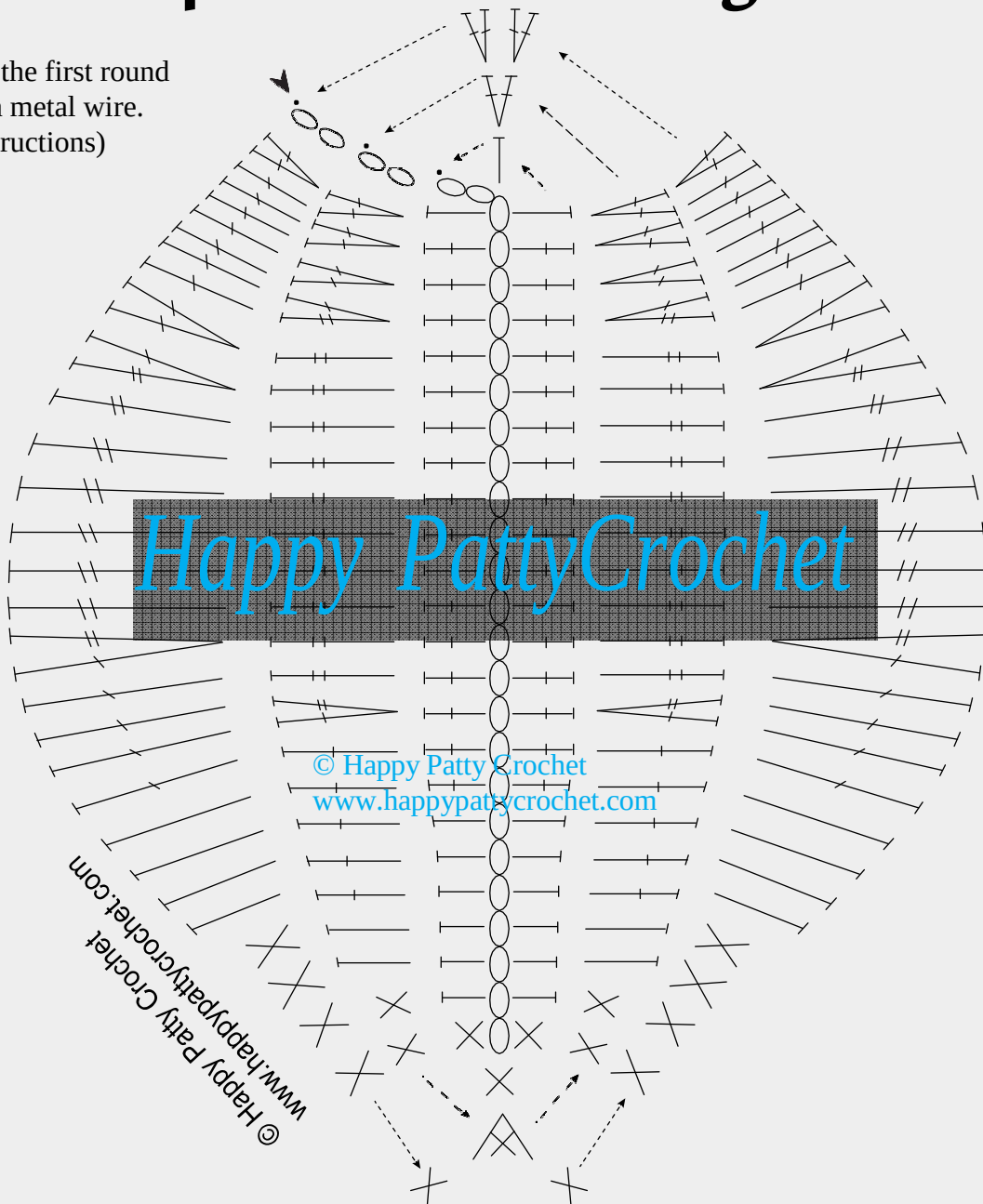
Final measurements :

- ~3.6" (~9-10 cm) in diameter, when open.

Please note that both Sepals' and Leafs' first round is being crocheted around a metal wire (photo guide included).

Sepal - Pattern Diagram

Crochet the first round
around a metal wire.
(see instructions)



Stitch Key / Abbr.

X - Single Crochet (sc)	⏏ - Triple Crochet (tc)	V - 2-st qc inc
O - Chain (ch)	⏏ - Quadruple Crochet (qc)	✂ - Cut Thread
T - Half Double Crochet (hdc)	V - 2-st hdc inc	➤ - Start
Z - Double Crochet (dc)	V - 2-st dc inc	⋯ - Directions

Sepal - Instructions

The petals is being crocheting in the round, starting with a base chains row. The first round around the chains row is being crocheted around a metal wire as well.

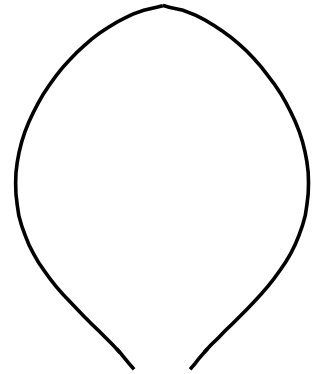
Final Measurements : ~1.8" (4.5cm) x ~1.4" (3.5cm)

Chains Base Row : Start with 24 chain.

Rnd 1 : (*Worked around a metal wire*) Ch 2, sk 2, and make you way down the chains row, working in each stitch - hdc, dc 16 times, hdc 6 times, sc, add another sc at the other tip of the row, crochet this sc around the second half of the metal wire (see photos in the next page), and make your way back with sc, hdc 6 times, dc 16 times, hdc, add an hdc at the tip and finish the round with sl-st to second ch of beg ch 2.

Rnd 2 : Ch 2, sk 2, and make you way down, working in each stitch - 2-st dc inc 3 times, 2-st dc-tc inc, tc 10 times, 2-st tc-dc inc, dc 5 times, hdc 2 times, sc 2 times, add a 2-st sc inc at the tip and make your way back with, sc 2 times, hdc 2 times, dc 5 times, 2-st dc-tc inc, tc 10 times, 2-st tc-dc inc, 2-st dc inc 3 times, another 2-st dc inc at the other tip and finish the round with sl-st to second chain of beg ch 2.

Rnd 3 : Ch 2, sk 2, and make you way down, working in each stitch - 2-st dc inc, dc 7 times, 2-st dc inc, 2-st dc-tc inc, tc 6 times, 2-st tc-dc inc, dc 4 times, hdc 4 times, sc 4 times, another 2 sc at the tip, and make your way back with sc 4 times, hdc 4 times, dc 4 times, 2-st dc-tc inc, tc 6 times, 2-st tc-dc inc, dc 7 times, 2-st dc inc, do the tip with 2-st dc inc 2 times and finish the petal with a sl-st to second ch of beg ch 2. Fasten off.



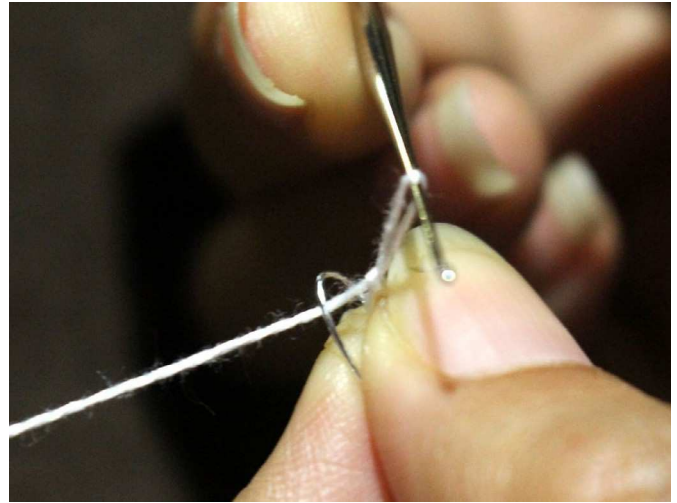
Try to achieve the shape above (when flat).

Metal Wire Photo Guide

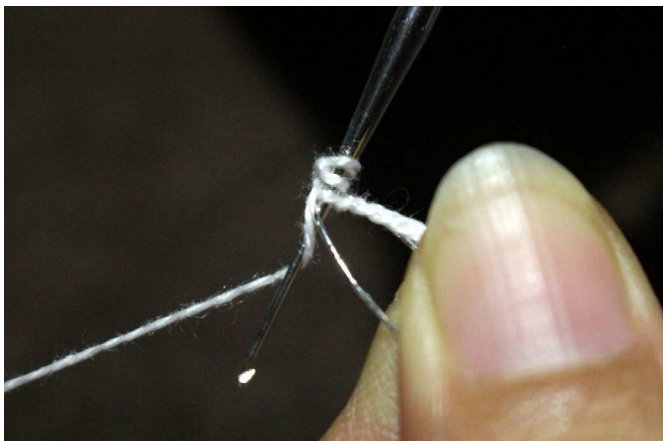
To crochet the first round around the metal wire, we crochet the first chain of that round around the metal wire, continue with another chain, and then continue to crochet all the next stitches around the metal wire and in the stitches of the chain row.

Once we reach the first tip, we crochet the single crochet of that tip around the second half of the metal wire.

Use around ~12" (30cm) of metal wire.



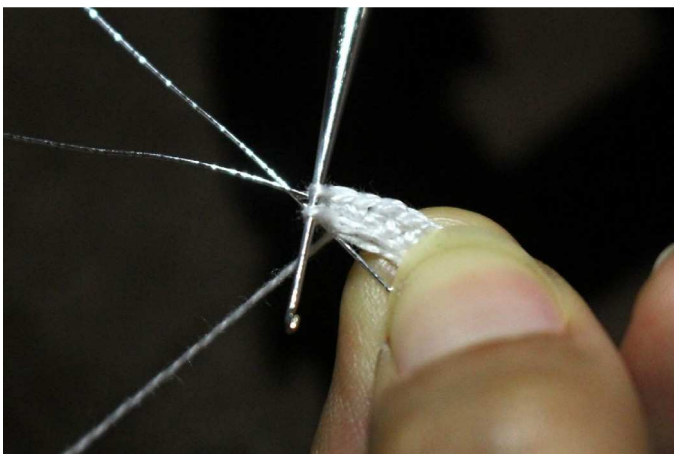
Step 1 - Crochet the first chain of the first round around the metal wire.



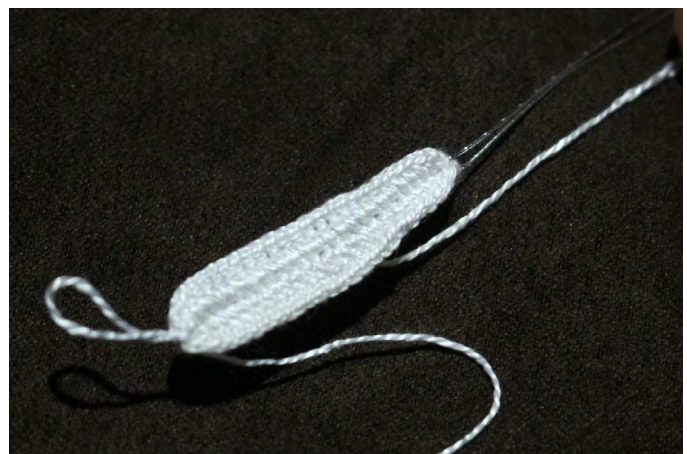
Step 2 - After the second chain, crochet each stitch around the meta wire as well.



Step 3 - When you reach the first tip, fold the other half of the metal wire, and bring it to the tip.



Step 4 - Crochet the tip's sc around the second half of the metal wire.



Step 5 - Continue crocheting around, and finish to first round.

Making the Flower Part

The Helleborus Niger's flower is all the structure in the middle of the plant, if the sepals are the 5 white 'petals', the flower part is tucked between all the sepals. The Flower is made of Petals (the green cup shaped elements at the base, plenty of stamens and carpels (which are the elongated structures in the middle)).

We are going to make this part of the plant using play dough. I know there are plenty of Play Dough tutorials on-line, but, to make things easier - I'll include here mine, which I used for this blossom. You'll need (enough for ~10 blossoms) :

- Corn starch (corn flour), ~2 table spoons.
- Baby oil, ~2 table spoon.
- PVA glue (White glue), ~2 table spoons.



Moreover, you'll need Acrylic Colors in White and Soft greens.

First, we'll mix & knead the corn starch, baby oil and the white glue together - until the mixture will become a soft, non-sticky, non-crumbly smooth dough.

Next, we'll apply a bit of color and continue kneading until the dough will fully absorb the color. Finally, we'll use the dough to make the head. Follow the photo guide below for a complete tutorial :



Step 1 - Add 2 Spoons of Corn starch to a small bowl.



Step 2 - Make a hole in the middle of the starch, and add the oil and glue to it.

Making the Flower Part (#2)



Step 3 - Add a table spoon of Baby Oil.



Step 4 - And a flat table spoon of white glue.



Step 5 - Mix and apply pressure with the spoon, do not knead yet, as the dough is too sticky at the beginning.



Step 6 - Occasionally feel the dough, and once it is not too sticky, start kneading it (clean your hands!)



Step 7 - If the dough is too crumbly, or too sticky, add more oil.



Step 8 - And, if its breaking, add more glue (don't add big amounts, only a littlebit).

Making the Flower Part (#3)



Step 9 - Your hands will become dirty - that's a good sign!



Step 10 - Keep kneading, until the dough feels soft, none sticky and very smooth.

Once the dough is ready. It's time to add some color - you'll need to make to pieces, one with white color, and the other with soft-green (for the Stamens and the Stigmas).



Step 11 - Add about a tea spoon of white color, and continue kneading.



Step 12 - Until the dough is white and shiny - maintaining the same texture.



Step 13 - And the same for the green dough.



Step 14 - Keep the dough in a plastic bag to protect is from drying up and loosing its texture.

Making the Flower Part (#4)

Next, we'll start playing with that dough to make the flower. We'll first make the stamens, followed by making the carpels, gluing them to the stamens, and finishing by making the petals, and gluing them to the base of our element.

Lets start with the stamens, for that, we'll use a crochet 40 thread in white, dip it in tealight's candle wax, fold it, cut, and stick some yellow dough to its edges. See photos :



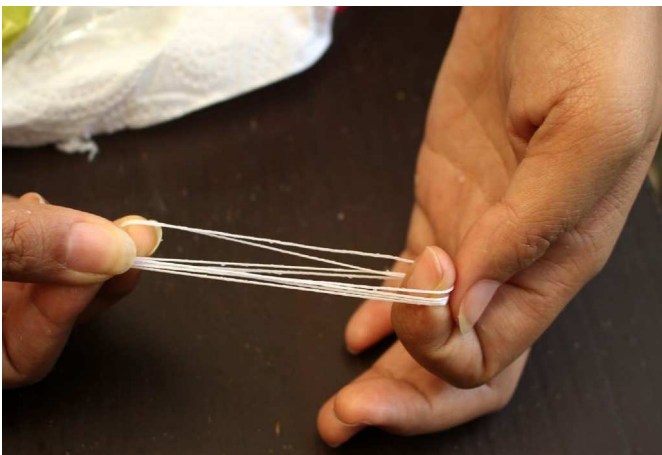
Step 15 - Prepare a small wax pool by lighting the candle for several minutes.



Step 16 - Cut about ~20"/50cm of crochet #40 white thread ...



Step 17 - Dip the entire of the thread you just cut in the wax. Dip 2-3 times. Wait a minute or two for the wax to cool down.



Step 18 - Fold the thread several times.



Step 19 - ... Until its about ~2"/5cm long

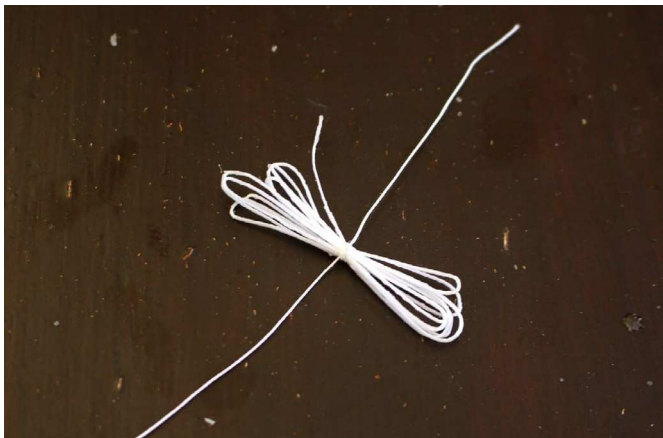
Making the Flower Part (#5)



Step 20 - It would look something like this.



Step 21 - Cut a new short piece of thread and tie it around the folded element from Step 20.



Step 22 - Tie it tightly.



Step 23 - Once its tied, take a metal wire (green coated in the photos), and wrap it (half a wrap) around the middle of the element.



Step 24 - Just like this (Use around ~10"/25cm of wire).



Step 25 - Use any method you prefer to tighten the wire around the thread.

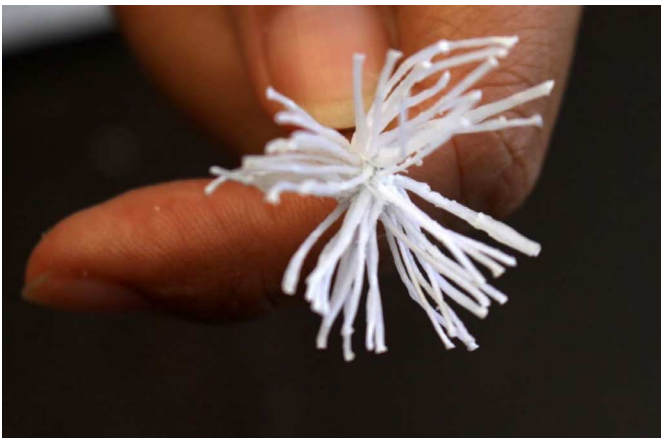
Making the Flower Part (#6)



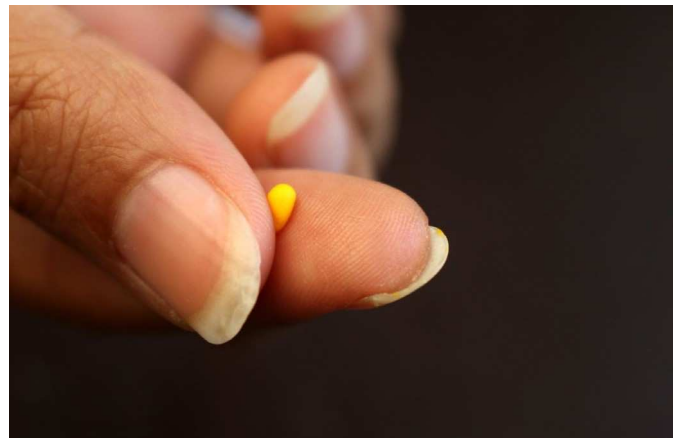
Step 26 - Twist the wire several times around the base of the element, to secure it tightly.



Step 27 - Use scissors to cut the edge of the thread element.



Step 28 - This will create plenty of little stamens,



Step 29 - Next, we'll add the yellow pollen elements at the tip of each stamen, each using a tiny yellow colored dough.



Step 30 - Simple attach the dough to the tip of the stamen,



Step 31 - Squeeze the dough,

Making the Flower Part (#7)



Step 32 - Cut the dough if it ends up too long.



Step 33 - Use a sharp tool to softly make the middle line.



Step 34 - Continue adding the yellow dough until you covered all stamens,



Step 35 - Try to separate all the stamens, as balanced as you can.



Step 36 - Next, we'll make the carpels, for that, we'll take another green coated metal wire.

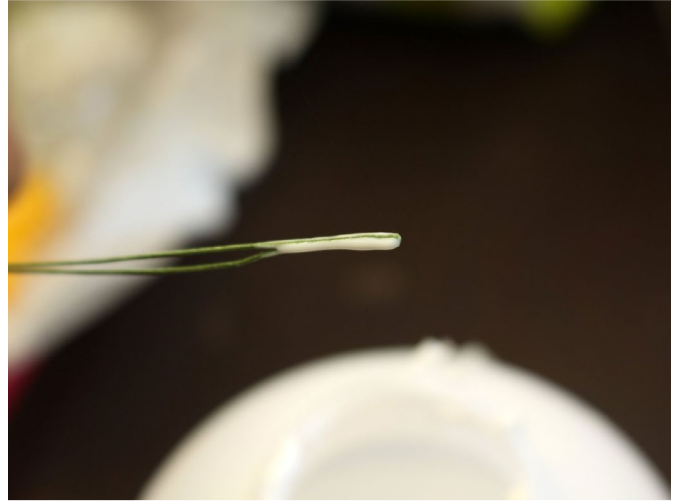


Step 37 - ... and roughly this size of green dough (pink or white are also possible)

Making the Flower Part (#8)



Step 38 - Fold the metal wire in half and dip the tip in white glue,



Step 39 - about half an inch (~1.5cm).



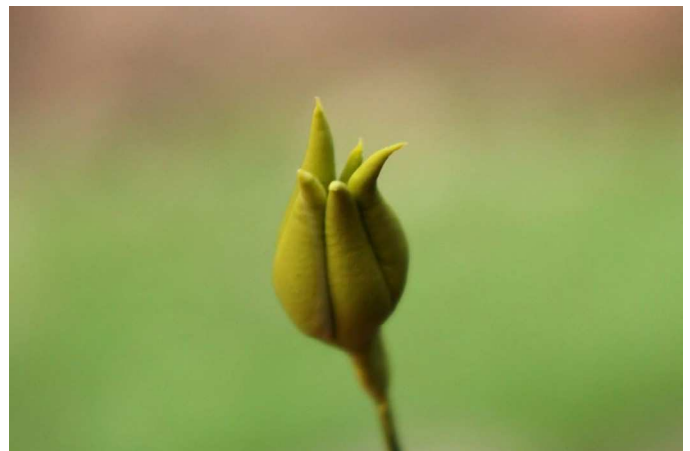
Step 40 - Next, cut from the dough of Step 37 a smaller chunk of dough.



Step 41 - Roll it to give it an elongated cone shape.



Step 42 - Attach the element to the glued tip of the wire, continue doing so 4-6 times to complete the carpels.



Step 43 - It should look roughly like this when done.

Making the Flower Part (#9)



Step 45 - Apply white glue to the base of the carpels.



Step 46 - Make an opening in the stamens to place the carpels, make sure its in the middle.



Step 47 - Place the carpels in the middle of the stamens.



Step 48 - Wrap the stamens around the carpels, making sure the inner stamens are glued to the carpels.



Step 49 - Spread & Arrange the stamens, make sure not all stamens are glued to the carpels.



Step 50 - A top view of our element so far.

Making the Flower Part (#10)



Step 51 - Next, we'll add the cone shaped petals to the base of the element - start by adding some white glue to the base of the element.



Step 52 - This size of dough should be enough to a single plant..



Step 53 - Take a small slice from the dough of Step 52, and give a 'drop' shape.



Step 54 - Flat slice, using your preferred tool.



Step 55 - And roll it to create a conic shape.



Step 56 - A view of a single petal.

Making the Flower Part (#11)



Step 57 - Take the petal and press its bottom against the base of the element (the glued part).



Step 58 - Repeat Steps 53-57 until the element's base is nicely filled with petals (~7-10 petals are usually enough).



Step 59 - A top view of a finished flower.

Now, that the flower is done, we simply attached the sepals to the flower --- photos in the next page.

Finishing the Plant

Once all elements are done (sepals & flower), we move on to assemble all elements together to create one blossom.

You'll need : 5 Sepals, Flower element, Floral tape & Paper towels.

Finishing the plant is easy and quick - simply add the sepals, one by one, using their wire tails, to the flower element.

See photos below, once all elements are added, wrap all the wires together. And tightly wrap floral tape around the wires - to make the stem appear more natural, it needs to be more bulky. For that, we'll wrap paper towels around the stem, and finish with another layer of floral tape.

Last step is small fixes in the sepals arrangement to bring the plant to its desired shape.



Step 1 - Add the sepals, under the flower element.



Step 2 - Only make sure they are at the correct height.



Step 3 - Wrap 3 layers of - first - floral tape, second - paper towels and third - another floral tape.



Step 4 - Voilà! Finish by arranging the sepals to the desired shape and the plant is done.

Leaf - Pattern & Instructions



Instructions

This leaf is done in two rounds around a base chains row. Rnd 1 is also being crocheted around a metal wire (same fashion as done with the stamens) - we'll use this wire to attach the leaf to a stem - so leave a ~3-4" (~10cm) tail.

Base row : 10 chains.

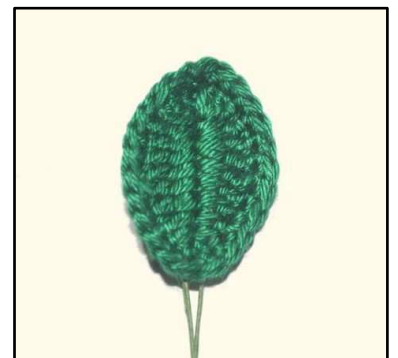
Rnd 1 : Ch 2, sk 2, and continue working in each chain, 2-st hdc-dc inc, dc, tc 6 times, dc, hdc, sc, crochet another sc at the tip, and continue your way back working on the other side of the base row - sc, hdc, dc, tc 6 times, dc, 2-st dc-hdc inc, and finish the leaf with a sl-st to second ch of beg ch 2.

Rnd 2 : Ch 1, sc 25 times, sl-st to beg ch. Fasten off.

Make as many as you wish of the leave, next, simply connect groups of 2-4 together using their metal wires, and tie the group to a main stem, or to the flower's stem.

Stitch Key / Abbr.

- - SlipStitch (sl-st)
- - Chain (ch)
- X - Single Crochet (sc)
- T - Half Double Crochet (hdc)
- f - Double Crochet (dc)
- ≡ - Triple Crochet (tc)
- V - 2 hdc-dc in same st (inc)
- ▲ - Cut Thread
- ↗ - Direction



That's it :) Your delicately elegant Christmas Rose is done! I hope you had fun making it, and now its time to enjoy its beauty! Personally, I love it in a small glass or jar, I find its elegance and the small leafs match the glass wonderfully!



If you have any question, please let me know and I'll do my best to help.

Thanks and enjoy crocheting!

Happy Patty :)

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Feel free to include the finished flower in any project that you want, either for private use or for sell. If you choose to sell the flower, please include a link to my shop and credit Happy Patty Crochet as the original designer. Thank you for understanding!

Appendix

Crochet Symbols and Abbreviations

Crochet Symbol
abbr (UK term)
Short description (if needed)

				
mr / ml	ch	sl st	sc	hdc (htr)
Magic Ring/ Magic Loop	Chain	Slip Stitch	Single Crochet	Half Double Crochet
				
dc (tr)	tc (dtr)	qc, dtc (ttr)	2-st sc inc	2-st hdc inc
Double Crochet	Triple Crochet	Quadruple Crochet	2 sc in same stitch	2 hdc in same stitch
				
2-st sc dec	sc through blp	back post sc	tss v#1 (misc #1)	3-st hdc inc
2 sc convergeto same stitch	Sc through back loop only		Variation on Tuni- sian Simple Stitch	3 hdc in same stitch
				
3-hdc puff	qc-tc Y stitch	Cut Thread	Start	back post sc