



"Valentine Heart" self patterning sock yarn pattern

Size

Woman's - exact size to be determined by length of foot (sizing instructions to come later)

Yarn

*1 skein of hand dyed fingering weight

"Valentine Heart" self patterning sock yarn by knitpurlgurl.etsy.com.

*1 small skein hand dyed fingering weight "sweetheart pink" sock yarn

Needles:

set of 5 #2 (2 3/4mm) double pointed needles, or size needed to get gauge.

Gauge

15 stitches and 21 rounds = 2 inches in stockinette stitch, in the round

*Important note on gauge: When working with my self patterning yarns, it is not actually necessary to get a ruler out to measure gauge. What you really want to do is cast on 56 stitches on size #2 needles (bigger if you knit loosely, smaller if you knit tightly), and knit a few rounds starting with a solid color stripe. If the stripes are working out to 2 rows each give or take a stitch or two, you are ready to go.

Notes on Working with "Valentine Heart" yarn:

- If you don't want to use this pattern just make sure that the stripes work out as mentioned above for best results.
- Especially when starting out with the patterning yarn, look at the chart and use it almost as you would a fair isle chart, just tighten up and loosen to work those hearts into place.
- Again...Don't be afraid to loosen up a little or tug to tighten up to make the heart pattern work better.

Cuff

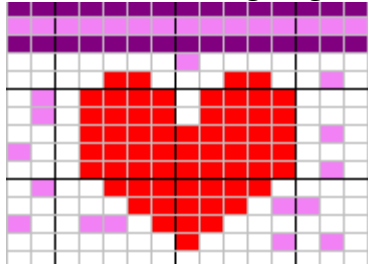
Using the long tail cast on method for nice elasticity, cast on 56 stitches with "Sweetheart Pink" yarn. Rearrange stitches so that you have 14 stitches on each of 4 needles.

Work in k2, p2 rib for about an inch. Cut yarn

Leg

Now the real fun will start!

Start with a purple stripe. Make sure that the first stitch starts at the very beginning of the row. The following diagram shows the sequence of the rows:



Keep in mind that there are four hearts around the leg. When you get to the heart part, you will be beginning with the 2nd half of a heart, and end with the beginning half of the heart. Hearts do not have to start at the beginning of a round!

Work four repeats of the hearts ending with the 3 stripe sequence after the heart. Cut yarn.

Heel flap

The heel will be worked back and forth across the first 2 needles.

With "Sweetheart Pink" yarn, knit across first 2 needles so you have 28 stitches on one needle, and 14 still on the other 2. Now you will be working back and forth on the needle with 28 stitches.

Proceed as follows: slip first stitch as if to purl and knit to the end. Repeat this row 25 more times for a total of 26 heel rows, ending with a wrong side row.

Turn heel

Row 1: knit 16, sl 1, knit 1, PSSO, knit 1, turn.

Row 2: sl 1, p5, p2 tog., p1, turn.

Row 3: sl 1, k6, sl 1, k1, PSSO, k1, turn.

Row 4: sl1, p7, p2 tog, p1, turn.

Row 5: sl1, k8, sl1, k1, PSSO, k1.

Row 6: sl1, p9, p2 tog, p1, turn.

Row 7: sl1, k10, sl1, k1, PSSO, k1, turn.

Row 8: sl1, p11, p2 tog, p1, turn.

Row 9: sl1, k12, sl1, k1, PSSO, k1.

Row 10: sl1, p13, p2 tog, p1, turn.

Row 11: sl1, k14, sl1, k1, PSSO, turn.

Row 12: sl1, p15, p2 tog, turn.

Row 13: k across.

Setting up for Heel Gusset

- Still working with the "Sweetheart Pink" yarn, pick up and knit 14 sts along the right side of the heel flap.
- With a new needle, knit across the next two needles so you now have 28 stitches on needle #2.
- With a new needle, pick up and knit 14 sts along the left side of the heel flap.
- Now, knit half of the heel sts onto that same needle.
- Slip the rest of the heel sts onto needle #1.
- This point, at the middle back of the heel now marks the beginning of the rounds. Now you will be using only 4 needles (3 holding sts., 1 working them).

Shaping Heel Gusset

- Round 1: k to last 3 sts on needle #1, k2 tog, k1, k across 28 sts on needle #2, k1, ssk, k to end of needle 3.
- Round 2: k around.
- **repeat these two rounds until you have 14 sts on needles 1 and 3. This will give you a total of 56 sts, so you are now back to the same # you started with at the beginning of the ribbing.

Foot

Relax, kick back, and knit your little heart out paying a bit of attention to the heart pattern tightening a bit and loosening a bit as necessary until foot measures 2" less than the desired finished foot length measuring from the back of the heel. Break "Valentine Heart" yarn leaving a tail long enough to work in later.

Toe

Switch to the "Sweetheart Pink" yarn.

- Round 1: K 1 round.
- Round 2:
 - needle 1 - k to last 3 sts, k2 tog, k1
 - needle 2 - k1, ssk, k to last 3 sts on needle, k2 tog, k1.
 - needle 3 - k 1, ssk, k to end.
- Repeat these 2 rounds until stitch count is as follows:
 - needle 1 - 8sts
 - needle 2 - 16 sts
 - needle 3 - 8 sts
- Now, work 4 rounds of round 2 so you have a total of 16 sts. Knit 4 sts from needle 1 onto needle 2. Now you have your work on 2 needles, 8 sts on each needle. Cut yarn leaving about a 16" tail.

Finish the toe using kitchener stitch

**when working kitchener stitch, do not pull the yarn too tightly, or leave too loose. The stitching should mimic a line of stockinette stitch, so keep the tension about the same as your knitting.

- Step 1: thread needle with tail and draw through the first st on the front needle as if to purl. Leave the st on the needle.
- Step 2: draw yarn through the first st on the back needle as if to knit. Leave st on needle.
- Step 3: draw yarn through the first st on the front needle as if to knit and slip the stitch off of the knitting needle. Draw yarn through the next st on the front needle as if to purl and leave the st on the knitting needle.
- Step 4: draw yarn through the first st on the back needle as if to purl and slip st off of the needle. Draw yarn through the next st on the same (back) needle as if to knit and leave on knitting needle.
- Repeat these last 2 steps until all of the stitches are woven.

Now, knit another sock, work in all ends, block, and admire your work☺

Abbreviations

k= knit

p= purl

st= stitch

sts= stitches

k2 tog= knit 2 together

p2 tog= purl 2 together

ssk= slip, slip, knit

PSSO= pass slipped stitch over