

Gourmet
Crochet

Sophia Grace

C O L L E C T I O N

Baby Girl Shoes



These adorable baby shoes are sure to become favorite projects for shower gifts.

Sizes include newborn to 12 months with

instructions for converting for preemie/doll sizing.

Styles include Ankle Strap Shoes, Flower-Trimmed Shoes, and Sporty Athletic Shoes.

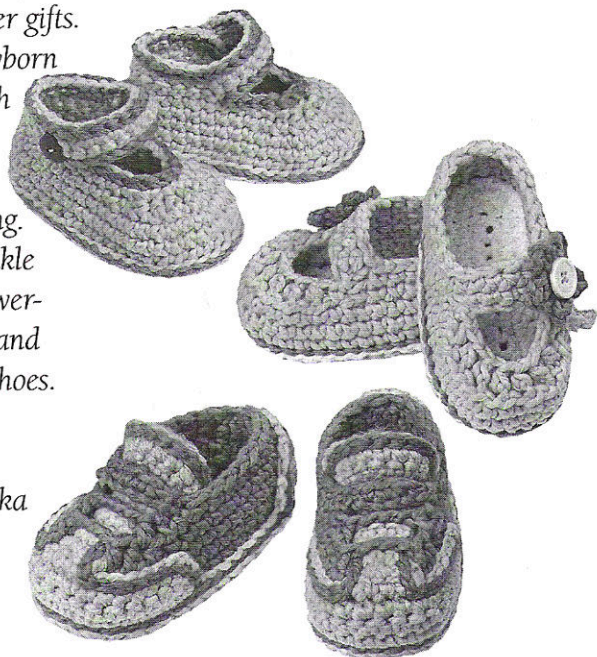
Instructions for flower options, butterfly and polka dot trims are also included.

Skill level:



INTERMEDIATE

Sophia Grace COLLECTION Baby Girl Shoes



by Carolyn Christmas

Carolyn Christmas™
· D E S I G N S ·

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Sophia Grace Collection Baby Girl Shoes

Crochet abbreviations

ch(s)	chain(s)
dc	double crochet
lp	loop
rnd	round
sc	single crochet
sl	slip
sl st	slip stitch
sp(s)	space(s)
st(s)	stitch(es)

General instructions

Sizing

Instructions are written for size 0 (1, 2, 3) to fit newborn (3 months, 6 months, 9-12 months) using worsted-weight cotton yarn.

To make shoes for preemie or doll size, make smallest size using baby-weight or sport-weight yarn and smaller hook. To make shoes using baby-weight or sport-weight yarn, use smaller hooks and make size needed to achieve sole size desired.

Gauge and measurements

Choose yarn and hook size needed to achieve these approximate sole lengths (baby's foot should be about $\frac{1}{4}$ " to $\frac{1}{2}$ " shorter than these measurements):

Newborn (size 0)	3 $\frac{1}{2}$ "
3 months (size 1)	3 $\frac{7}{8}$ "
6 months (size 2)	4 $\frac{1}{8}$ "
9-12 months (size 3)	4 $\frac{1}{2}$ "

Special stitches

Invisible join

To create an invisible join, after working last stitch, do not join. Cut yarn leaving about 8"; pull yarn end completely through removing loop from hook. Thread tapestry needle with yarn end and insert needle from back to front under top two loops of first stitch of round. Pull yarn through and take needle back down through center of last stitch where yarn tail emerges, taking yarn to back of work and weaving in securely. This creates the top of the last stitch, joining it to the first stitch in a way that makes the beginning/end of the round less discernible for a smooth edge to the shoe soles and tops.

Surface chain/slip stitch edgings

Surface chains and slip stitch edgings are used in these patterns much like the outlines in a coloring book, adding definition. In addition, in some areas, these elements attach pieces together.

Take your time and work neatly, working one stitch in each stitch or in end of each row, being careful not to pull stitches too tight. One hook size larger may be used if needed.

To create an invisible beginning and ending to these stitches, do not begin by making the usual slip knot loop on hook. Instead, hold yarn underneath work (no slip knot loop), insert hook from top through one or two layers of crochet as specified, and pull up loop. Still holding yarn underneath, insert hook through next stitch specified, and pull loop through including through loop on hook. Beginning yarn tail will be loose but will be secured when weaving in ends. Continue in this manner to create the surface chain.

If this stitch is worked along the edge of work, the chain stitch edging is created by working slip stitch in each stitch around. If it is worked across the body of completed crochet stitches, it is referred to as surface chain stitch.

To create an invisible ending for a round of this stitch, when last stitch is completed, cut yarn leaving 8" tail and pull end all the way through to front of work. Thread tapestry needle with yarn tail and run under both strands of first stitch, then back down through work in center of last stitch made, taking needle through same hole where yarn tail emerges. This creates the final stitch, forming an invisible join to the round.

For shoe soles, for the final step, continuing with threaded tapestry needle, complete final stitch on underside to match remaining stitches, taking needle into center of work to hide yarn end securely between the two layers of sole. Keeping yarn tails as invisible as possible, weave yarn ends first one direction and then in the opposite direction catching underside of stitches inside shoe sole.

To end a strip of this stitch without joining it to the beginning, when last stitch is completed, cut yarn leaving tail and pull end all the way through to front of work. Thread tapestry needle with yarn tail and take a small stitch over the loop of last stitch made, bringing yarn to back of work, securing last stitch. Weave both yarn tails securely.

Choosing yarn

Shoes shown are made with Bernat Cottontots 100% cotton worsted-weight yarn; however, any cotton or acrylic worsted-weight yarn will work. Shoes made with softer or thicker worsted-weight yarns will run a little smaller or larger.

Basic sole instructions

(make two for each shoe in colors specified)

Rnd 1: Ch 10 (11, 12, 13), 3 sc in second ch from hook, sc in next 7 (8, 9, 10) ch, 3 sc in last ch; working on opposite side of starting ch, sc in next 7 (8, 9, 10) ch, join with sl st in top of first sc. (20, 22, 24, 26 sc)

Rnd 2: Ch 2 (counts as hdc), hdc in same st, 3 hdc in next st, 2 hdc in next st, hdc in next 4 (5, 6, 7) sts, sc in next 3 sts, 2 sc in next 3 sts, sc in next 3 sts, hdc in next 4 (5, 6, 7) sts, join with sl st in top of ch-2.

***Note:** For a very narrow tiny baby or doll foot, for smallest size only, work rnd 3 in sc instead of hdc, then fasten off and invisible join.*

Rnd 3: Ch 2 (counts as hdc), hdc in same st, 2 hdc in next 6 sts, hdc in next 7 (8, 9, 10) sts, (sc in next st, 2 sc in next st) 3 times, hdc in next 7 (8, 9, 10) sts. Fasten off; invisible join (see page 2) in first hdc (not in ch-2). (37, 39, 41, 43)

Finishing

Make two soles per shoe in colors specified. Weave in ends on soles. To make surface chain/slip stitch edging, holding wrong sides together holding outside sole color underneath and shoe inside sole color on top, matching stitches, surface chain/slip stitch soles together around outside with invisible join (see page 2).

Embellishments

Use one hook size smaller than size used to make shoe. These embellishments may be sewn to center front of ankle strap or on toe of Ankle Strap Shoes, at center or side of instep band of Flower-Trimmed Shoes, or on side of Sporty Athletic Shoes.

Flower

(Ch 5, sl st in fifth ch from hook) 5 times. Fasten off. Sew yarn tail to first ch to form flower. Attach to shoe with button center, alone or layered over leaf pair.

Polka dot

Ch 4, join with sl st in first ch to form ring, ch 1, 7 sc in ring. Fasten off; invisible join. Use alone or with leaf pair to form small round flower.

Leaf pair

(Ch 6, sl st in second ch from hook, sc in next 2 ch, sl st in last ch) 2 times. Fasten off. Sew to shoe leaving points free. Use with crocheted flowers or with buttons as flowers.

3-D rose

Ch 6, 3 sc in second ch from hook and in each ch across. Fasten off. Rose will

curl naturally; tack underside with small stitches to secure in coiled position. Sew to shoe with leaf pair.

Butterfly/moth

Ch 7, sl st in seventh ch from hook, (ch 4, sl st in fourth ch from hook) 2 times, ch 7, sl st in seventh ch from hook. Fasten off. Sew yarn tail to first ch to form butterfly. Cut yarn tails to 1" and leave free to form antennae. Attach to shoe behind small button for body, or with a few straight stitches up and down body area of butterfly using contrasting color yarn to form body. $\frac{1}{2}$

Ankle-Strap Shoes

Size

See sizing information on page 2.

Materials

Cotton worsted-weight yarn:

About 65 yds. pale green or main color (A)

About 20 yds. grape or contrasting color (B)

Shoe shown was made with Bernat Cottontots #90230 Sweet Green (A) and #90321 Grape Berry (B)

G (4 mm) hook or size required to obtain sole size/gauge desired

Two $\frac{1}{2}$ "- $\frac{3}{8}$ " buttons

Sewing thread and needle for attaching buttons

Gauge

See gauge and measurements information on page 2.

Instructions

SOLE

Make basic sole using A for bottom layer, B for top layer and A for surface chain/sl st joining layers.

UPPER

Rnd 1: Holding sole with toe pointing away from you and with chain stitches on top, join A with sc in back lp of surface chain st at approximate center back of heel, working in back lps of surface chain, sc in each st around, join.

Rnds 2-3: Ch 1, sc in each st around, join. *(For the largest size, if baby's foot is more high or fleshy than flat, you may wish to add an extra rnd of sc here. For preemie or doll shoe, you may wish to skip one rnd of sc here.)*

Note: To hdc next 2 sts together, yo, pull up lp in each of next 2 sts, yo, pull through all lps on hook.

Rnd 4: Identify and mark first and last of the center 18 stitches at toe. (It may be impossible to select stitches that are exactly centered; get as close as possible.) Ch 1, sc in each st to marker, sc marked st and next st together (sc decrease made), (hdc next 2 sts together) 7 times, sc next



2 sts together, sc in each remaining st around, join.

Rnd 5: Identify and mark first and last of the center 8 stitches at toe. (It may be impossible to select stitches that are exactly centered; get as close as possible.) Ch 1, skip first st, sc next 2 sts together, sc in each st to marker, skip marked st, sc in next st, (skip next st, sc in next st) 3 more times, sc in each st to within 2 sts of end of rnd, sc next 2 sts together. Fasten off; invisible join.

ANKLE STRAPS

Mark first and last of 12 (13, 14, 14) stitches centered over heel on each shoe.

Right shoe

Row 1: On outside, join with sl st in marked st on left side of shoe, ch 11 (12, 13, 14), sc in second ch from hook, sc in each ch across; from inside, sc in marked st, sc in each st across to next marker, sc in marked st, turn.

Row 2: Ch 1, sc in each st across. Fasten off.

Left shoe

Row 1: Join with sl st in marked st on right side of shoe, ch 10 (11, 12, 13). Fasten off. On inside of shoe, join with sc in marked st on left side of shoe, sc in each sc to marker, sc in marked st, sc in each ch across, turn.

Row 2: Ch 1, sc in each st across. Fasten off.

TRIM

Work trim with B. Beginning at front of short end of ankle strap, work surface chain stitch (see page 2) around all top edges of shoe working ch-4 at long end of strap for button loop.

FINISHING

Checking fit if possible, sew buttons in place or at outside of short ends of ankle straps. $\frac{3}{4}$



Flower-Trimmed Shoes

Size

See sizing information on page 2.

Materials

Cotton worsted-weight yarn:

About 65 yds. pink or main color (A)

About 20 yds. pale yellow or contrasting color for insole (B)

Small amounts rose or flower color (C) and green (D)

Shoe shown was made with Bernat Cottontots #90420 Pretty in Pink (A), #90615 Sunshine (B), #90421 Strawberry (C) and #90230 Sweet Green (D)

G (4 mm) hook or size required to obtain sole size/gauge desired

Two 1/2"-3/8" buttons

Sewing thread and needle for attaching buttons

Gauge

See gauge and measurements information on page 2.

Instructions

SOLE

Make basic sole using A for bottom layer, B for top layer and C for surface chain/sl st joining layers.

UPPER

Rnd 1: Holding sole with toe pointing away from you and with chain stitches on top, join A with sc in back lp of surface chain st at approximate center back of heel, working in back lps of surface chain, sc in each st around, join.

Rnds 2-3: Ch 1, sc in each st around, join. (For the largest size, if baby's foot is more high or fleshy than flat, you may wish to add an extra rnd of sc here. For preemie or doll shoe, you may wish to skip one rnd of sc here.)

For sizes 0 (1, 2)

Rnd 4: Identify and mark first of the center 18 stitches at toe. (It may be impossible to select stitches that are exactly centered; get as close as possible.) Ch 1, sc in each st to marker, skip marked st, sc in next st (move marker to sc just made), working in back lps only, (skip next st, hdc in next st) 7 times, working in both lps, skip next st, sc in next st, ch 6, sl st in marked st (this creates the beginning of the strap across instep), ch 1, sc in 6 ch across, continuing around shoe, sc in each st around, join.

For size 3

Rnd 4: Identify and mark first of the center 18 stitches at toe. (It may be impossible to select stitches that are exactly centered; get as close as possible.) Ch 1, sc in each st to marker, skip marked st, sc in next st (move marker to sc just made), working in

back lps only, skip next st, hdc in next st, (skip next st, dc in next st) 5 times, skip next st, hdc in next st, working in both lps, skip next st, sc in next st, ch 6, sl st in marked st (this creates the beginning of the strap across instep), ch 1, sc in 6 ch across, continuing around shoe, sc in each st around, join.

For all sizes

Rnd 5: Ch 1, skip next st, sc next 2 sts together, sc in each st to last st before instep strap, skip st before instep strap, sc in each sc across instep strap, sc in each st on remaining side of shoe to within 2 sts of end of rnd, sc last 2 sts together. Fasten off, invisible join.

FINISHING

Embellish with flower, leaf pair, and button. Place flower over leaf pair; place button at center of flower. Sew button in place, catching flower and leaf pair underneath. $\frac{1}{2}$

Sporty Athletic Shoes

Size

See sizing information on page 2.

Materials

Cotton worsted-weight yarn:

About 65 yds. pink or main color (A)

About 40 yds. green or contrasting color (B)

Small amount grape or trim color (C)

Shoe shown was made with Bernat Cottontots #90421 Strawberry (A), #90721 Lime Berry (B) and #90321 Grape Berry (C)

G (4 mm) hook or size required to obtain sole size/gauge desired

Gauge

See gauge and measurements information on page 2.

Instructions

SOLE

Make basic sole using B for bottom layer, A for top layer and B for surface chain/sl st joining layers.

UPPER

Rnd 1: Holding sole with toe pointing away from you and with chain stitches on top, join A with sc in back lp of surface chain st at approximate center back of heel, working in back lps of surface chain, sc in each st around, join.

Rnds 2-3: Ch 1, sc in each st around, join. (For the largest size, if baby's foot is more high or fleshy than flat, you may wish

to add an extra rnd of sc here. For premie or doll shoe, you may wish to skip one rnd of sc here.)

Rnd 4: Identify and mark first and last of the center 18 stitches at toe. (It may be impossible to select stitches that are exactly centered; get as close as possible.) Ch 1, sc in each st to marker, sc in marked st, (skip next st, hdc in next st) 3 times, ch 3, skip next 4 sts, hdc in next st, (skip next st, hdc in next st) 2 times, skip next st, sc in marked st, sc in each remaining st around, join. Move one marker to sc before hdc's at toe; move second marker to second hdc after ch-3 sp on toe.

Rnd 5: Ch 1, skip next st, sc next 2 sts together, sc in each st to marked st, sc in marked st, skip next st, hdc in next st, ch 3 (3, 3, 4), hdc in next marked st, skip next sc, sc in next st, sc in each remaining st to within 2 sts of end of rnd, sc last 2 sts together. Fasten off; invisible join.

CONTRASTING TOE AND TONGUE

Row 1: Mark first and last of the center 20 (20, 20, 22) unworked front lps of surface chain st at toe, join B with sc in first marked st, sc in each st around toe to next marker, sc in marked st, turn.

Rows 2-3 (or number of rows needed to match number of rows of sc on shoe—match this to the number of sc rows worked before 4 sts were skipped at center of toe): Ch 1, skip first st, sc in each st across to within 2 sts at end of row, skip next st, sc in last st, turn.

At end of last row, fasten off.

Row 4: To begin tongue, identify the 4 center sc of last row. Join with sc in first of the center sts, sc in next 3 sts, turn. (4)

Rows 5-7: Ch 1, sc in each st across, turn.

Row 8: Ch 1, 2 sc in first st, sc in each st across to last st, 2 sc in last st, turn.

Row 9: Ch 1, sc in each st across, turn.

Rows 10-11: Repeat last two rows.

For size 0, 1

Last row: Ch 1, skip first st, sc in each st across to last 2 sts, skip next st, sc in last st. Fasten off.

For size 3, 4

Row 12: Ch 1, sc in each st across, turn.

Last row: Work as for size 0, 1.

CONTRASTING HEEL

Row 1: Mark first and last of the center 8 unworked front lps of surface chain st at heel, join B with sc in first st, sc in each st across to next marker, sc in marked st, turn.

Rows 2-3: Ch 1, sc in each st across, turn.

Rows 4-5 (or number of rows needed to match number of rows on shoe):

Ch 1, skip first st, sc in each st across to last 2 sts, skip next st, sc in last st, turn.

At end of last row, fasten off.

TOE TRIM

With C, holding yarn inside, insert hook into base of end of first row of contrasting toe piece at left side of shoe, pushing hook all the way to inside of shoe; pull up lp. Attaching contrast piece to shoe, work surface chain stitch (see page 2) around curve of contrast piece ending with last attaching stitch in corner before the rows of 4 sts (tongue) begins; with last attaching st, catch first of the 4 skipped sc on main part of toe. Continue surface chain/sl st around edges of tongue; work surface chain st to attach remaining side of contrasting toe piece to shoe, with first stitch in corner of tongue catching the last of the 4 skipped sc on main part of toe. End surface chain at sole.

HEEL TRIM

Working in same manner as for toe trim, with C, attach contrasting heel piece to shoe with surface chains.

INSTEP BAND

Push tongue under chains at center of shoe. Check position of upper edge of tongue, and mark one stitch on each side of instep for position of instep band

so that about 2-3 rows of tongue will protrude past band. Join C with sl st in marked st, ch 5, sl st in marked st on opposite side of shoe, sl st in next sc on shoe, sc in 5 ch, sl st in next sc on shoe. Fasten off; invisible join with first st creating sides to match as closely as possible. $\frac{1}{2}$

