



Make bedtime fun
with these delightful
knits taken from
Lucinda Guy's latest
book, *And So To Bed...*

Nighty night

Experienced make

Illustration François Hall

Dream cardi

Measurements

To fit ages 2-3 (3-4) (4-5) years.

Actual chest

measurements 66.5 (71) (75) cm/26¼ (28) (29½) in.

Side seam 26.5 (30.5) (33.5) cm/10½ (12) (13¼) in.

Length to back neck 38.5 (43.5) (47.5) cm/15¼ (17) (18¾) in.

Sleeve seam 14 (18) (22) cm/5½ (7) (8½) in.

Materials

8 (9) (10) 50 g balls of RYC Cashsoft DK. No. 2 (7 mm) and No. 6 (5 mm) knitting needles; size 3.50 crochet hook; 3 buttons; 1 m of narrow ribbon. We used Sweet (00501). For stockists, write to: Rowan Yarns, Green Lane Mill, Holmfirth, West Yorkshire HD7 1RW (01484 681881).

Tension

19 stitches and 23 rows, to 10 x 10 cm over pattern, using two strands of yarn together and No. 6 (5 mm) needles. 17 stitches and 20 rows, to 10 x 10 cm over pattern, using two strands of yarn together and No. 2 (7 mm) needles.

Abbreviations

K, knit; **p**, purl; **st**, stitch; **dec**, decrease (by taking 2 sts together); **inc**, increase (by working twice in same st); **cr2tog**, cross 2tog (p2tog, leaving sts on left hand needle then k tog same 2 sts, dropping sts off left-hand needle).

Note

Instructions are given for small size. Where they vary, work figures in round brackets for larger sizes. Instructions in square brackets are worked as stated after 2nd bracket.

Bodice and sleeves

Worked in one piece.

Back: With No. 6 (5 mm) needles and using two strands of yarn together throughout, cast on 62 (66) (70) sts. Work in pattern thus:

1st row: K.

2nd row: [Cr2tog] to end.

3rd row: K.

4th row: P1, [cr2tog] to last st, p1.

These 4 rows form pattern. Pattern another 6 rows.

Shape for sleeves: Keeping pattern correct, cast on 8 sts at beginning of next 6 (8) (10) rows — 110 (130) (150) sts. Continue straight until work measures 12 (13) (14) cm/4¾ (5) (5½) in from beginning of sleeve shaping, ending with a wrong side row.

Dividing row: Pattern 47 (56) (65), turn and work on these sts for right back neck.

Right back neck: Cast off 5 sts at beginning of next row. Dec 1 st at neck edge on next 2 rows — 40 (49) (58) sts. Mark end of last row.

Right front: Pattern 5 rows straight.

Shape right front neck: Inc 1 st at neck edge on next row. Pattern 1 row. Inc 1 st at neck edge on next 4 rows — 45 (54) (63) sts. Cast on 10 (11) (12) sts at beginning of next row — 55 (65) (75) sts.

Continue straight until work measures the same as from marker to last group of cast-on sts for right sleeve, ending with a wrong side row.

For right sleeve: Cast off 8 sts at beginning of next row and 2 (3) (4) following alternate rows — 31 (33) (35) sts. Pattern another 11 rows. Cast off.

Left back neck: With right side facing rejoin yarn to remaining sts, cast off centre 16 (18) (20) sts and pattern to end — 47 (56) (65) sts.

Pattern 1 row. Cast off 5 sts at beginning of next row. Dec 1 st at neck edge on next 2 rows — 40 (49) (58) sts. Mark end of last row.

Left front: Pattern 5 rows straight.

Shape left front neck: Inc 1 st at neck edge on next row. Pattern 1 row. Inc 1 st at neck edge on next 4 rows — 45 (54) (63) sts. Cast on 10 (11) (12) sts at beginning of next row — 55 (65) (75) sts.

Continue straight until work measures the same as from marker to last group of cast-on sts for left sleeve, ending with a right side row.

For left sleeve: Cast off 8 sts at beginning of next row and 2 (3) (4) following alternate rows — 31 (33) (35) sts. Pattern another 10 rows. Cast off.

Cuffs (both alike)

With right side facing, No. 6 (5 mm) needles and using two strands of yarn together, pick

up and k42 sts along straight row-end edge of sleeve.

1st rib row: P2, [k2, p2] to end.

2nd rib row: K2, [p2, k2] to end. Cast off in rib.

Join tiny side seams then sleeve and cuff seams.

Lower back and fronts

With right side facing, No. 6 (5 mm) needles and using two strands of yarn together and working along lower edge of bodice, pick up and k32 (34) (36) sts along cast-off edge of left front, 62 (66) (70) sts from cast-on edge of back and 32 (34) (36) sts from cast-off edge of right front — 126 (134) (142) sts.

Work 2nd row of pattern as given for bodice and sleeves. Change to No. 2 (7 mm) needles.

Beginning with a 3rd row, continue in pattern as given for bodice and sleeves until work measures 21 (25) (28) cm/8¼ (9¾) (11) in from pick up row, ending with wrong side row. Now work 2 rows in rib as given for cuffs. Cast off in rib.

Neckband

With right side facing, No. 6 (5 mm) needles, and using two strands of yarn together, pick up and k62 (66) (70) sts around neck edge. Work 2 rows in rib as given for cuffs. Cast off in rib.

Button band

With right side facing, No. 6 (5 mm) needles, and using two strands of yarn together, pick up and k62 (74) (82) sts along front edge of left front, including neckband. Work 2 rows in rib as given for cuffs. Cast off in rib.

Buttonhole band

With right side facing, No. 6 (5 mm) needles, and using two strands of yarn together, pick up and k62 (74) (82) sts along front edge of right front, including neckband.

Buttonhole row: P2, * k2tog, yarn round needle, [p2, k2] twice, p2, repeat from * once, k2tog, yarn round needle, p2, [k2, p2] to end. Work 2nd row of rib as given for cuffs. Cast off in rib.

To make up

Press as given on ball band. With crochet hook and using one strand of yarn, make five short chain-belt loops. Sew to fronts, sides and centre back along lower edge of bodice. Thread ribbon through belt loops.

Owl toy

Measurements

24 cm/9½ in tall.

Materials

2 x 50 g balls of RYC Cashsoft DK in Brown (Donkey 00517); 1 ball in each of Light Green (Tape 00515), Lime Green (Lime 00509) or Pink (Sweet 00501) and Blue (Mirage 00503). No. 8 (4 mm) knitting needles; washable toy filling. For stockists, write to: Rowan Yarns, Green Lane Mill, Holmfirth, West Yorkshire HD7 1RW (01484 681881).

Tension

22 stitches and 30 rows, to 10 x 10 cm over reverse stocking stitch, using No. 8 (4 mm) needles.

Abbreviations

K, knit; **p**, purl; **st**, stitch; **sl**, slip; **tog**, together; **dec**, decrease (by taking 2 sts tog); **inc**, increase (by working twice in same st); **ss**, stocking st (k on right side and p on wrong side); **rss**, reverse stocking st (p on right side and k on wrong side); **skpo**, sl1, k1, pass sl st over; **yfb**, sl st over; **yfb**, yarn to back; **ytf**, yarn to front.

Note

Instructions in square brackets are worked as stated after 2nd bracket.





Front body

With No. 8 (4 mm) needles and Brown, cast on 30 sts. Beginning with a p row and working in rss and stripes of 2 rows Brown and 2 rows Light Green, at the same time, shape sides by increasing 1 st at each end of 2nd row and following 5 rows — 42 sts. Work 1 row. Inc 1 st at each end of next row and following 4th row — 46 sts. Pattern another 29 rows. Continue in Brown only. **

Shape head: K 1 row, decreasing 1 st at each end. Beginning with a p row, ss 5 rows. Dec 1 st at each end of next row — 42 sts. P 1 row. Using small separate balls of yarn for each coloured area and twisting yarns together on wrong side at joins, continue thus: **1st row:** K11 Brown, 3 Light Green, 14 Brown, 3 Light Green, 11 Brown. **2nd row:** P9 Brown, 7 Light Green, 10 Brown, 7 Light Green, 9 Brown. **3rd row:** K8 Brown, 9 Light Green, 8 Brown, 9 Light Green, 8 Brown. **4th row:** P7 Brown, 11 Light Green, 6 Brown, 11 Light Green, 7 Brown. **5th row:** K6 Brown, 13 Light Green, 4 Brown, 13 Light Green, 6 Brown. **6th row:** P5 Brown, 15 Light Green, 2 Brown, 15 Light Green, 5 Brown. **7th row:** K5 Brown, 15 Light Green, 2 Brown, 15 Light Green, 5 Brown. **8th row:** With Brown p2tog, p3, 15 Light Green, 2 Brown, 15 Light Green, with Brown, p3, p2tog. **9th row:** K4 Brown, 15 Light Green, 2 Brown, 15 Light Green, 4 Brown. **10th row:** P4 Brown, 15 Light Green, 2 Brown, 15

Light Green, 4 Brown.

11th row: K5 Brown, 13 Light Green, 4 Brown, 13 Light Green, 5 Brown. **12th row:** P5 Brown, 13 Light Green, 4 Brown, 13 Light Green, 5 Brown.

13th row: K6 Brown, 11 Light Green, 6 Brown, 11 Light Green, 6 Brown. **14th row:** With Brown p2tog, p5, 9 Light Green, 8 Brown, 9 Light Green, with Brown, p5, p2tog. **15th row:** K7 Brown, 7 Light Green, 10 Brown, 7 Light Green, 7 Brown.

16th row: With Brown p2tog, p7, 3 Light Green, 14 Brown, 3 Light Green, with Brown, p7, p2tog — 36 sts. Continue in Brown only. Dec 1 st at each end of next 5 rows — 26 sts. Cast off.

Back body

Work as front body to **.

Shape head: K 1 row, decreasing 1 st at each end. Beginning with a p row, ss 5 rows. Dec 1 st at each end of next row and following 9th row, then on following 6th row — 38 sts. K 1 row. Dec 1 st at each end of next 6 rows — 26 sts. Cast off.

Body base

With No. 8 (4 mm) needles and Brown, cast on 3 sts. Beginning with a k row, continue in ss, work 1 row. Inc 1 st at each end of next 6 rows — 15 sts. Ss 27 rows. Dec 1 st at each end of next 6 rows — 3 sts. K 1 row. Cast off.

Wings (make 4)

With No. 8 (4 mm) needles and Brown, cast on 21 sts. K 2 rows. Work turning rows thus: * **Next 2 rows:** K3, ytf, sl1, ytb, turn, sl1, k3. **Next 2 rows:** K6, ytf, sl1, ytb, turn, sl1, k6. **Next 2 rows:** K9, ytf, sl1, ytb, turn, sl1, k9.

Next 2 rows: K12, ytf, sl1, ytb, turn, sl1, k12. **Next 2 rows:** K15, ytf, sl1, ytb, turn, sl1, k15. K 2 rows across all sts. * Work from * to * 3 times more. Cast off.

Tail (make 2)

With No. 8 (4 mm) needles and Brown, cast on 15 sts. K 2 rows. Work turning rows thus: * **Next 2 rows:** K3, ytf, sl1, ytb, turn, sl1, k3. **Next 2 rows:** K6, ytf, sl1, ytb, turn, sl1, k6. **Next 2 rows:** K9, ytf, sl1, ytb, turn, sl1, k9. K 2 rows across all sts. * Work from * to * 3 times more. Cast off.

Ears (make 4)

With No. 8 (4 mm) needles and Brown, cast on 6 sts. K 15 rows. **1st dec row:** K1, skpo, k2tog, k1 — 4 sts. **2nd dec row:** K2tog, skpo. **3rd dec row:** K2tog and fasten off.

Scarf

With No. 8 (4 mm) needles and Lime Green or Pink or Blue, cast on 11 sts. K 249 rows. Cast off.

Beak

With No. 8 (4 mm) needles and Brown, cast on 4 sts. Beginning with a k row, ss 10 rows.

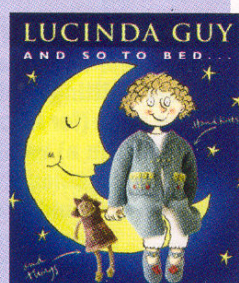
Dec row: [K2tog] twice. P2tog and fasten off.

To make up

Press as given on ball band. Join paired ear pieces together, leaving cast on edge open. Oversew cast on edge. Join front body to back body inserting cast-on edge of ears into seam at ear position and leaving cast-on edge open. Sew paired tail pieces together, leaving short row end edge open, then oversew this end. Sew in base to body, inserting

short end of tail into seam at tail position and leaving an opening. Stuff and close opening. Turn tail to back and secure in position with few stitches. Sew paired wing pieces together, leaving short row end edge open, then oversew this end and sew to sides of body, level with last row of reverse stocking stitch section. Join row ends of beak together and sew cast on edge to front of face. Fold scarf in half lengthways and join row ends together. Cut ten 8 cm/3 in lengths in chosen contrasting colour for scarf fringe. Fringe short ends of scarf and trim. With Blue, work French knot for eyes.

This cute owl toy and cosy dream cardi were taken from *And So To Bed... Hand Knits And*



Things by Lucinda Guy, (Rowan Yarns, £14.99). To order the book, call Rowan on 01484 681881, or visit www.knitrowan.com. Rowan is offering ten Knitting & Stitching Special readers the chance to win a copy of this creative book. To enter the giveaway, simply send your name and address on a postcard to: K&S Book Offer, Knitting Dept, IPC Media, King's Reach Tower, Stamford Street, London SE1 9LS. Entries will be drawn on 29th December 2006, and winners will be sent their prize. Your details will only be used to process the entry.