



BHKC



BRITISH HAND KNITTING
CONFEDERATION LIMITED

DOUBLE KNITTING

SHAWL, DRESS, CARDIGAN, HAT, MITTENS & BOOTEES

BHKC 36

MEASUREMENTS

	Premature		0-3 months	3-6 months	6-12 months	
To Fit Chest	31 12	36 14	41 16	46 18	51 20	cm in
Dress Actual Measurement	36 14	41 16	46 18	51 20	56 22	cm in
Full Length	25 9¼	27 10¾	29 11½	31 12	33 13	cm in
Sleeve Length (adjustable)	2 ¾	2 ¾	2 ¾	2 ¾	2 ¾	cm in
Cardigan Actual Measurement	37 14½	42 16½	48 19	53 21	57 22½	cm in
Full Length	18 7½	20 8	24 9½	28 11	32 12½	cm in
Sleeve Length	8 3	12 4¾	15 6	17 6½	20 8	cm in
Shawl	102 X 102 40 X 40					cm in
Hat Width around Head	23 9	23 9	26 10¼	30 12	33 13	cm in
Mittens	8 3	9 3½	10 4	11 4¼	12 4¾	cm in
Bootees	8 3	9 3½	10 4	11 4¼	12 4¾	cm in

Quality	Double Knitting	Shade						Balls
Shawl		Pink	9					50 gm
Dress		Pink	2	3	3	4	5	50 gm
Cardigan		Pink	2	2	2	2	3	50 gm
Hat		Pink	1	1	1	1	1	50 gm
Mittens and Bootees		Pink	1	1	1	1	1	50 gm

The quantities of yarn are based upon average requirements and are therefore approximate.

MATERIALS

1 Pair of 4mm (UK8 – USA6) Knitting Needles. 1 Pair of 3¼ mm (UK10 – USA3) Knitting Needles. 1 4.00 (UK8-USA5) Crochet Hook for Shawl. Stitch Holders for Dress. 2 Buttons for Dress. 1 Button for Hat. 3 [3:4:4:5] Buttons for Cardigan. Ribbon for Mittens and Bootees.

TENSION

22sts and 28 rows to 10cm, (4in) over pattern on 4mm needles or the size required to give correct tension. Check your tension – if less stitches use a thinner needle, if more stitches use a thicker needle.

IT IS ESSENTIAL TO WORK TO THE STATED TENSION TO ENSURE SUCCESS.

ABBREVIATIONS

alt alternate	rep repeat
beg beginning	rs right side
cont continue	sl slip 1 stitch
dec decrease(ing)	knitways
foll following	st(s) stitch(es)
inc increase(ing)	tog together
k knit	ws wrong side
0 no times or sts	yfwd yarn forward
p purl	yrn yarn round needle
patt pattern	cm centimetres
psso pass slipped	mm millimetres
stitch over	in inch(es)
rem remain(ing)	

Circle the size you wish to make

SHAWL

Using 4mm needles cast on 212 sts.
1st Row: K1, * k2tog, yfwd, k1, yfwd, sl, k1, psso, rep from * to last st, k1.
2nd Row: Purl.
3rd Row: K1, * p1, k3, p1, rep from * to last st, k1.
4th Row: Purl.
1st to 4th row sets patt.
Keeping continuity of patt as set (throughout) cont until work measures

approximately 97cm, ending with 4th row of patt.
Cast off.

Edging

Using 4.00 Crochet Hook join yarn with slip stitch to one corner of shawl, work 5 trebles into first st, * miss 1cm, 1 slip stitch into edge, miss 1cm, 5 trebles into edge rep from * all around outer edges, join with slip stitch to first 5 trebles.
Fasten off.

TO COMPLETE

See ball band for pressing and care instructions.

DRESS

BACK
Using 4mm needles cast on 117 [132: 152:167:182] sts and proceed as follows:-
1st Row: Knit.
2nd Row: Knit.
These 2 rows will now be referred to as

g-st (garter stitch).
Work 4 rows in g-st.
Proceed as follows:-
1st Row: K1, * k2tog, yfwd, k1, yfwd, sl, k1, psso, rep from * to last st, k1.
2nd Row: Purl.
3rd Row: K1, * p1, k3, p1, rep from * to last st, k1.
4th Row: Purl.
1st to 4th row sets patt.
Keeping continuity of patt as set (throughout) cont until Back measures 16 [17:18:19:20]cm, ending with a rs row.
Next Row: (P2tog) 0 [1:1:1:1] times, (p3tog) 39 [42:50:54:60] times, (p2tog) 0 [2:0:1:0] times, p0 [0:0:1:0].
39 [45:51:57:61] sts.
Next Row: Purl.
Next Row: P1, * yrn, p2tog, rep from * to end.

Next Row: Purl.
Next Row: Purl.
Proceed as follows:-
1st Row: Knit.
2nd Row: Purl.
These 2 rows will now be referred to as st-st (stocking stitch).
Working in st-st (throughout) proceed as follows:-

Shape Armholes

Cast off 2 sts at beg of next 2 rows.
35 [41:47:53:57] sts.
Work 4 rows dec 1 st at each end of every row. 27 [33:39:45:49] sts.
Cont without shaping until armholes measure 3 [4:5:5:6]cm, ending with a ws row. **

Divide for Back

Next Row: K13 [16:19:22:24], turn, leave rem 14 [17:20:23:25] sts on a stitch holder.
Working on these 13 [16:19:22:24] sts only cont until armhole measures 8 [9: 10:11:12]cm, ending with a ws row.

Shape Shoulder

Next Row: Cast off 7 [9:11:12:13] sts, knit to end. 6 [7:8:10:11] sts.
Next Row: Purl.
Leave these 6 [7:8:10:11] sts on a stitch holder.
With rs facing, rejoin yarn to rem 14 [17: 20:23:25] sts and proceed as follows:-
Next Row: Cast off 1 st, knit to end. 13 [16:19:22:24] sts.
Cont without shaping until armhole measures 8 [9:10:11:12]cm, ending with a rs row.

Shape Shoulder

Next Row: Cast off 7 [9:11:12:13] sts, purl to end. 6 [7:8:10:11] sts.

Leave rem 6 [7:8:10:11] sts on a stitch holder.

FRONT

Work as given for Back to **.

Shape Neck

Next Row: K11 [13:15:16:17], turn, leave rem 16 [20:24:29:32] sts on a stitch holder.

Working on these 11 [13:15:16:17] sts only and proceed as follows:-

Next Row: Purl.

Work 2 rows dec 1 st at neck edge in every row. 9 [11:13:14:15] sts.

Work 3 rows dec 1 st at neck edge in next and foll alt row. 7 [9:11:12:13] sts.

Cont without shaping until armhole measures 8 [9:10:11:12]cm, ending with a ws row.

Cast off.

With rs facing, working on rem 16 [20:24:29:32] sts, slip 5 [7:9:13:15] sts onto a stitch holder.

Rejoin yarn to rem 11 [13:15:16:17] sts and knit to end.

Complete to match first side of neck.

SLEEVES (Both alike)

Using 3/4mm needles cast on 29 [33:37:43:47] sts and work 3 rows in g-st.

Next Row: Knit to end inc 2 sts evenly across row. 31 [35:39:45:49] sts.

Change to 4mm needles and working in st-st (throughout) cont until Sleeve measures 2cm, ending with a ws row.

Shape Sleeve Top

Cast off 2 sts at beg of next 2 rows. 27 [31:35:41:45] sts.

Work 2 [4:4:6:6] rows dec 1 st at each end of every row. 23 [23:27:29:33] sts.

Work 4 [4:4:6:10] rows dec 1 st at each end of next and every foll alt row.

19 [19:23:23:23] sts.

Work 4 [4:6:6:6] rows dec 1 st at each end of every row. 11 sts.

Cast off 2 sts at beg of next 2 rows. 7 sts.

Cast off rem 7 sts.

NECKBAND

Join shoulder seams. Using 3/4mm needles and commencing at left side of back of neck knit across 6 [7:8:10:11] sts left on a stitch holder, pick up and knit 12 [12:12:14:14] sts evenly along left side of neck, 5 [7:9:13:15] sts left on a stitch holder at front of neck, 12 [12:12:14:14] sts evenly along right side of neck and 6 [7:8:10:11] sts at right side of back of neck. 41 [45:49:61:65] sts.

Next 2 Rows: Knit.

Cast off knitways.

OVERLAY

With rs facing, using 3/4mm needles and starting at top of neckband pick up and knit 13 [13:13:15:15] sts evenly along back opening.

Next Row: K2, cast off 2 sts, k3 [3:3:5:5], cast off 2 sts, k2.

Next Row: K3, cast on 2 sts, k4 [4:4:6:6], cast on 2 sts, k2.

UNDERLAY

With rs facing, using 3/4 mm needles pick up and knit 13 [13:13:15:15] sts evenly along back opening, ending at top of neckband.

Next 2 Rows: Knit.

Cast off knitways.

TO MAKE UP

Fold sleeves in half lengthways then placing folds to shoulder seams, sew sleeves in position. Join side and sleeve seams. Sew overlay and underlay in position. Sew on buttons. See ball band for pressing and care instructions.

CARDIGAN

BACK

Using 3/4 mm needles cast on 41 [47:53:59:63] sts and work 4 rows in g-st. Change to 4mm needles and working in st-st (throughout) cont until Back measures 10 [11:14:17:20]cm, ending with a ws row.

Shape Armholes

Cast off 2 sts at beg of next 2 rows. 37 [43:49:55:59] sts

Work 4 rows dec 1 st at each end of every row. 29 [35:41:47:51] sts.

Cont without shaping until armholes measure 8 [9:10:11:12]cm, ending with a ws row. Cast off.

LEFT FRONT

Using 3/4mm needles cast on 19 [22:25:28:30] sts and work 4 rows in g-st. Change to 4mm needles and proceed as follows:-

1st Row: K12 [15:18:21:23], p1, k2tog, yfwd, k1, yfwd, s1, k1, pssso, k1.

2nd Row: P6, k1, p12 [15:18:21:23].

3rd Row: K12 [15:18:21:23], p2, k3, p1, k1.

4th Row: P6, k1, p12 [15:18:21:23].

1st to 4th row sets st-st and patt panel. Keeping continuity of patt as set (throughout) cont until Left Front measures 10 [11:14:17:20]cm, ending with a ws row.

Shape Armhole

Next Row: Cast off 2 sts, patt to end.

17 [20:23:26:28] sts.

Next Row: Patt.

Next Row: K2tog, knit to last 9 sts, k2tog, patt to end.

15 [18:21:24:26] sts.

Next Row: Patt to last 2 sts, p2tog.

14 [17:20:23:25] sts.

Work 2 rows dec 1 st at armhole edge in every row and 1 st at neck edge as before in 1st row. 11 [14:17:20:22] sts.

For 4th and 5th sizes only

Work 4 rows dec 1 st at neck edge only as before in next and foll alt row.

[18:20] sts.

For all 5 sizes

Work 9 [13:17:17:21] rows dec 1 st at neck edge only as before in next and every foll 4th row. 8 [10:12:13:14] sts.

Cont without shaping until armhole measures 8 [9:10:11:12]cm, ending with a ws row. Cast off.

RIGHT FRONT

Using 3/4mm needles cast on 19 [22:25:28:30] sts and work 4 rows in g-st.

Change to 4mm needles and proceed as follows:-

1st Row: K1, k2tog, yfwd, k1, yfwd, s1, k1, pssso, p1, k12 [15:18:21:23].

2nd Row: P12 [15:18:21:23], k1, p6.

3rd Row: K1, p1, k3, p2, k12 [15:18:21:23].

4th Row: P12 [15:18:21:23], k1, p6.

1st to 4th row sets patt panel and st-st. Keeping continuity of patt as set (throughout) cont until Right Front measures 10 [11:14:17:20]cm, ending with a rs row.

Shape Armhole

Next Row: Cast off 2 sts, patt to end. 17 [20:23:26:28] sts.

Next Row: Patt 7, s1, k1, pssso, knit to last 2 sts, k2tog. 15 [18:21:24:26] sts.

Next Row: P2tog, patt to end.

14 [17:20:23:25] sts.

Work 2 rows dec 1 st at neck edge as before in 1st row and armhole edge in every row. 11 [14:17:20:22] sts.

For 4th and 5th sizes only

Work 4 rows dec 1 st at neck edge only as before in next and foll alt row.

[18:20] sts.

For all 5 sizes

Work 9 [13:17:17:21] rows dec 1 st at neck edge only as before in next and every foll 4th row. 8 [10:12:13:14] sts.

Cont without shaping until armhole measures 8 [9:10:11:12]cm, ending with a ws row.

Cast off.

SLEEVES (Both alike)

Using 3¼mm needles cast on 27 [31:33:33:35] sts and work 4 rows in g-st. Change to 4mm needles and working in st-st (throughout) inc 1 st at each end of 5th and every foll 6th [12th:12th:6th:6th] row to 31 [35:39:45:49] sts. Cont without shaping until Sleeve measures 8 [12:15:17:20]cm, ending with a ws row.

Shape Sleeve Top

Cast off 2 sts at beg of next 2 rows. 27 [31:35:41:45] sts. Work 2 [4:4:6:6] rows dec 1 st at each end of every row. 23 [23:27:29:33] sts. Work 4 [4:4:6:10] rows dec 1 st at each end of next and every foll alt row. 19 [19:23:23:23] sts. Work 4 [4:6:6:6] rows dec 1 st at each end of every row. 11 sts. Cast off 2 sts at beg of next 2 rows. 7 sts. Cast off rem 7 sts.

BORDER

Join shoulder seams. With rs facing, using 3¼mm needles pick up and knit 24 [26:33:40:48] sts evenly along straight edge, 19 [21:24:26:28] sts evenly along shaped edge, 13 [15:17:21:23] sts from back of neck, 19 [21:24:26:28] sts evenly along shaped edge and 24 [26:33:40:48] sts evenly along straight edge. 99 [109:131:153:175] sts. Work 1 row in g-st. Next Row: K2, cast off 2 sts, (k6 [7:6:9:8], cast off 2 sts) 2 [2:3:3:4] times, knit to end. Next Row: Knit to last 16 [18:23:32:38] sts, cast on 2 sts, (k7 [8:7:10:9], cast on 2 sts) 2 [2:3:3:4] times, k2. Work 1 row in g-st. Cast off knitways.

TO MAKE UP

Fold sleeves in half lengthways, then placing folds to shoulder seams sew sleeves in position. Join side and sleeve seams. Sew on buttons. See ball band for pressing and care instructions.

BONNET

Using 3¼mm needles cast on 57 [62:67:72:77] sts and work 4 rows in g-st. Change to 4mm needles and proceed as follows:-

1st Row: K1, * k2tog, yfwd, k1, yfwd, sl, k1, pssso, rep from * to last st, k1.
2nd Row: Purl.
3rd Row: K1, * p1, k3, p1, rep from * to last st, k1.
4th Row: Purl.
1st to 4th row sets patt.
Keeping continuity of patt as set (throughout) cont until Bonnet measures 10 [11:12:13:14]cm, ending with a ws row.

Shape Back

Cast off 20 [20:20:22:22] sts in patt, patt 16 [21:26:27:32], cast off 20 [20:20:22:22] sts. With rs facing, rejoin yarn to rem 17 [22:27:28:33] sts and cont in patt until panel measures same as cast off edges of side panels, ending with a ws row. Next Row: (K2tog) 8 [11:13:14:16] times k1 [0:1:0:1]. 9 [11:14:14:17] sts. Cast off. Sew back panel in position to cast off sts.

Lower Edging

With rs facing, using 3¼mm needles pick up and knit 50 [54:58:62:66] sts evenly along lower edge of bonnet, cast on 10 [10:12:12:14] sts. 60 [64:70:74:80] sts. Work 3 rows in g-st. Next Row: Knit to last 3 sts, yfwd, k2tog, k1. Work 2 rows in g-st. Cast off knitways.

TO COMPLETE

Sew on button. See ball band for pressing and care instructions.

MITTENS (Both alike)

Using 4mm needles cast on 22 [22:27:32:37] sts and work 4 rows in g-st. Work in patt as given for Shawl for 4 [4:5:5:6]cm, ending with a ws row. Work in st-st until Mitten measures 6 [7:8:9:10]cm, ending with a rs row. Next Row: Purl to end dec 1 st in centre of row for 1st, 2nd and 4th sizes only. 21 [21:27:31:37] sts.

Shape Top

1st Row: * K1, k2tog, k5 [5:8:10:13], k2tog * rep from * to * once, k1.

17 [17:23:27:33] sts.
2nd Row: Purl.
3rd Row: * K1, k2tog, k3 [3:6:8:11], k2tog * rep from * to * once, k1.
13 [13:19:23:29] sts.
4th Row: Purl.
Cast off.

TO COMPLETE

Join side seam and across top of mitten. Thread ribbon through holes in pattern at wrist. See ball band for pressing and care instructions.

BOOTEES (Both alike)

Using 4mm needles cast on 22 [22:27:32:37] sts and work 2 rows in g-st. Work in patt as given for Shawl until Bootee measures 4 [4:5:5:6]cm, ending with a ws row. Work 2 rows in st-st. Next Row: (K2tog, yfwd) 10 [10:13:15:18] times, k2 [2:1:2:1]. Next Row: Purl.

Divide for Foot

Next Row: K15 [15:18:21:24], turn. Next Row: P8 [8:9:10:11], turn. Work 6 [8:10:12:14] rows in st-st. Break off yarn. With rs facing, rejoin yarn to instep end of first 7 [7:9:11:13] sts, pick up and knit 6 [8:10:12:14] sts evenly along side edge, 8 [8:9:10:11] sts across top, 6 [8:10:12:14] sts evenly along side edge and knit across rem 7 [7:9:11:13] sts. 34 [38:47:56:65] sts. Next Row: Purl. Work 6 [6:8:8:10] rows in st-st.

Shape Foot

1st Row: K1, k2tog, k8 [10:14:18:22], k2tog, k8 [8:9:10:11], k2tog, k8 [10:14:18:22], k2tog, k1. 30 [34:43:52:61] sts. 2nd Row: Purl. 3rd Row: K1, k2tog, k6 [8:12:16:20], k2tog, k8 [8:9:10:11], k2tog, k6 [8:12:16:20], k2tog, k1. 26 [30:39:48:57] sts. 4th Row: Purl. Cast off.

TO COMPLETE

Join back and foot seams. Thread ribbon through holes in pattern at ankle. See ball band for pressing and care instructions.



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