

Mary Jane's
TEAROOM
presents

'Anika' Rabbit

Lapland Visitors : Part 2

*Anika radiates love wherever she travels and particularly when she visits the tearoom each Christmas along with her twin brother **Bo**.....*



Equipment

1 Pair of 2.75 mm Knitting Needles (U.K No.12/ U.S 2)

1 Pair of 3.25 mm Knitting Needles (U.K No.10/ U.S 3)

Pompom Maker - Outer diameter approx 3.5cm (1")/ Inner 2cm (¾ ")

2 Long Pointed Darning Needles approx 8cm (3") / 1 Wool Needle

Good Quality Washable Polyester Filling conforming to Current Safety Standards (approx 100g)

Glass/Plastic-Headed Pins

Soft Tape Measure

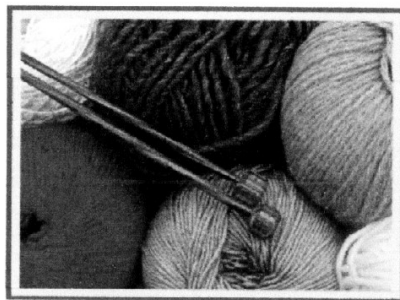
A few notes before beginning

Yarns

Below are the yarns that I have used for 'Anika'...

I always use good quality natural yarns which I feel give the best, long-lasting results but you can use up leftover yarns with a very satisfactory outcome.

*I have used a combination of DK (double knitting) yarn and 4 ply yarn (fingering). **Please check that the ball band details correspond with those listed below when substituting yarns.***



Yarns used (rounded up to nearest 10g)

Tights/Boot Edging & Tail **Yarn A** Sirdar Eco Wool DK Yarn *Ecru* 30g

Tights **Yarn B** Rowan Pure Wool DK *Kisses* 10g

Boots **Yarn C** Sirdar Eco Wool DK Yarn *Earth* 20g

Head/Ears/Body & Limbs **Yarn D** RYC Baby Alpaca DK Yarn *Herdwick* 70g

Jumper & Hat **Yarn E** Rowan Classic Siena 4 Ply Cotton Yarn *Cream* 50g

Jumper /Hat/Hearts/Skirt Edging/Bloomers **Yarn F** Rowan Classic Siena 4 Ply Cotton Yarn *Chilli* 50g

Skirt: **Yarn G** Rowan Classic Siena 4 Ply Cotton Yarn *Oak* 40g (cotton yarn recommended)

Black DK Yarn for embroidery to face

Ball Band Details

*Here I have listed the **ball band information** required for any substituted yarns for you to compare. This information is always given on the ball label and if purchasing on the internet it will be stated in the yarn details. It is usually given for a 10 x 10cm (4 x 4") tension square knitted using stocking stitch. (Please note that smaller needles are used for the DK yarn in the pattern than those given on the original ball band details. This is common in knitted toys to avoid holes when stretched but if the ball band details of the original yarn match those of the substitute yarn you can then just move down to the needle size required for the pattern)*

Knitted over a 4 x 4" (10 x 10 cm) tension square (gauge swatch) in St-st

Baby Alpaca DK	22sts. 30 rows, (4mm/ UK 8/ U.S 6)
	Ball size 50g/100m
Siena Cotton 4 Ply	28sts, 38rows (2.75 – 3mm/U.K 12 - 11/U.S 2)
	Ball size 50g/140m
Eco Wool DK	22sts, 28 rows (4mm (UK8, US6)
	Ball size 50g/100m

One final note on tension!

If you know that your knitting tension is always on the looser side then move down a needle size from those used in the pattern to prevent the stuffing showing through when stretched (Do this for both needle sizes) Otherwise personal knitting tension is not so much of a worry in toys i.e. if your tension is on the tighter side it will only result in an overall slightly smaller 'Anika'

Casting on I always use the thumb method unless otherwise stated

Casting off Always cast off K wise unless otherwise stated

Increase into every stitch: K into front and back of stitch

Only press pieces where indicated and check the ball band details for substituted yarns

Making up I always use *Mattress Stitch* unless otherwise stated working with **RS** of work uppermost to close seams although this is a personal choice. I have allowed an extra 1 stitch seam allowance on either side to provide a really neat finish (*Tip:* Always leave a long enough yarn end when casting on so that it can be used to sew up the seam later if required. This is a much neater way to finish off)

Measurements: Head to Toe 38cm (15")

Arm Span 28cm (11") Arm Circ 10cm (4") /L 14cm (5 ½")

Toe to Heel 8cm (3 ¼")/ Foot circ 16cm (6 ¼")

Leg L16cm (6 ¼")/ Leg Circ 11.5cm (4 ½")

Safety

For safety reasons I recommend that **Anika** should only be made as a decorative item and not a toy for the very young i.e. children under 3 years of age. All seams and limbs must be made secure and no extra items should be added such as buttons, ribbon, felt or eyes which could come loose.

Abbreviations

beg: beginning

circ: circumference

cont: continue

dec: decrease

g-st: garter stitch (every row a K row)

inc: increase

K: Knit

kfb: Knit into front & back of stitch

M1: Pick up the loop between the stitch just worked and the next stitch with left hand needle. Knit into the back of it to make a new stitch.

P: Purl

pfb: Purl into front & back of stitch

psso: Pass slipped stitch over

RS: Right side

sl: slip

skpo: slip 1, K 1, pass slipped st over

rep: repeat

SK2P: Slip 1, K2tog, Pass slip st over knit 2 together

Ssk: Slip one st K wise, slip another st K wise then insert **L** needle into front loops of slipped sts and K together from this position through back of loops

st: stitch

st-st: stocking stitch (alternate rows: K1 row, P 1 row)

tbl: through back of loop

tog: together

WS: Wrong side

yf: yarn forward

**If you are new to knitting, knittinghelp.com has simple and clear instructional videos of the above stitches.*

Time to begin**Legs with Stripy Tights 3.25mm Needles (Make 2)**

Cast on 24 sts in A beg with sole

Next row: K1, increase in next 22 sts, K1 - 46 sts

Next: St-st 4 rows beg with a P row

Next: St-st 11 rows beg with a P row alternating yarns as follows:

2 rows in B

2 rows in A

Shape foot continuing 2 colour change as follows:

Next row: K9, (K2tog) 14 times, K9 - 32sts

P 1 row

Next row: K9, (K2tog) 7 times, K9 - 25 sts

St-st 35 rows beg with a P row continuing in 2 colour change

Shape top

Next row: K4, (K2tog) 3 times, K5, (K2tog) 3 times, K4 - 19 sts

Cast off in same colour

Fasten off leaving a long strand to attach leg to body later

*Put the legs to one side for the moment and make **Sweetheart Snow Boots** as follows:*

Sweetheart Snow Boots 3.25mm Needles (Make 2)**Upper Boot**

Cast on 46 sts in C beg at centre front edge

Next: G-st 4 rows

Next: St-st 6 rows beg with a K row

Next: K1, skpo, K to last 3 sts, K2tog, K1 - 44 sts

P 1 row

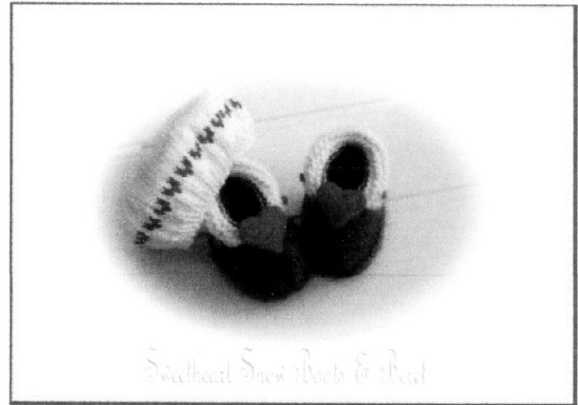
Next: K1, skpo, K to last 3 sts, K2tog, K1 - 42 sts

P 1 row

Next: Cast off 8 sts at beg of next 2 rows – 26 sts

G-st 10 rows in A

Cast off



Boot Sole 3.25mm needles (Make 2)

Cast on 6 sts in *C* beg at heel edge

K 1 row

Begin increase

Next: K1, M1, K to last st, M1, K1 - 8 sts

K 1 row

Repeat last 2 rows twice more - 12sts

Next: G-st 19 rows

Begin decrease

Next: Skpo, K to last 2 sts, K2tog- 10 sts

K 1 row

Repeat last 2 rows twice more- 6 sts

Cast off

Make Up

Do not press pieces. Fold upper boot in half with *R* sides together and close seam using backstitch up to point where *C* joins and fasten off.

With *R* sides of pieces outside pin sole in place lightly stretching upper boot.

Sew in place by oversewing small stitches around edges (*as photograph*) and secure.

Roll over cream decorative edging of upper boot at the front. Using *F* make a ***French Knot*** with *double thread* bringing thread up from the underside of cream edging. Make your ***French Knot*** then taking thread back through to underside and secure with a slipstitch on *inside* of boot. Repeat for opposite side of boot.

Leave back edge of boot slightly unrolled.

Sweetheart Boot Decoration 2.75mm Needles (Make 4)

(Tip: Keep tension firm and sts close to tips of needles)

Cast on 2sts in *F* (leaving a long enough yarn strand to finish off later)

P 1 row

Next: K1, M1, K1- 3 sts

P 1 row

Next: K1, M1, K1, M1, K1 – 5 sts

P 1 row

Next: K1, M1, K3, M1, K1- 7 sts

P 1 row

Next: K1, M1, K5, M1, K1 – 9 sts

P 1 row

K 1 row

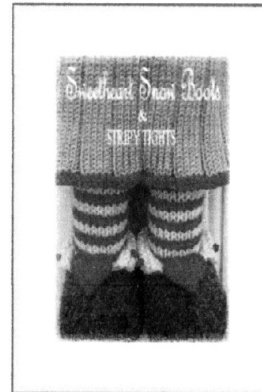
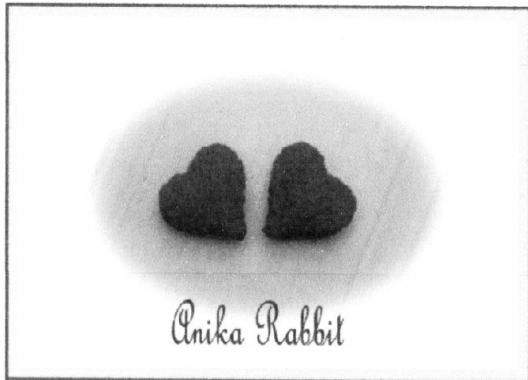
Next: P4, pfb of next st, P4 – 10 sts

Working on first 5 sts

Next: ssk, K1, K2tog – 3 sts

Break off yarn and thread through remaining sts and secure.

Next: Join yarn to remaining 5 sts and work as first side



To Make Up

Lightly press pieces on **WS** under a cotton/linen cloth. With **WS** together oversew small stitches around each heart for a neat finish and stuff *lightly* with tweezers before closing seam. Insert yarn end into heart stuffing then bring out again away from point of insertion and cut leaving end secure inside stuffing. Give each heart a light press again under a cloth also smoothing around the edges. Attach centre back of heart to boot with slipstitches until secure.

Now Make Up The Legs

Sew seams together to just beyond the ankle. At this point stuff the foot and ankle firmly (*check the boot is a snug fit over the foot*) and then sew and fill the rest of the leg. Thin the stuffing at the top of the leg slightly to enable sitting and the leg openings at the top should remain open.

When the legs are completed lightly press the leg seam under a cotton/linen cloth then place the cloth over the sole seam, press firmly and apply a puff of steam. This will flatten the sole area giving a really neat appearance.

Body 3.25mm Needles

Cast on 15 sts in **D** beg at neck edge

P 1 row

Next row: K1, (M1, K1) to end - 29 sts

P 1 row

Next row: (K2, M1) 7 times, K1, (M1, K2) 7 times – 43 sts

St-st 9 rows beg with a P row

Next row: (K7, M1) 3 times, K1, (M1 K7) 3 times - 49 sts

St-st 5 rows beg with a P row

Next row: K23, (M1, K1) 3 times, M1, K23 - 53 sts

St-st 9 rows beg with a P row

Next row: K21, skpo, K1, skpo, K1, K2tog, K1, K2tog, K21 - 49 sts

St-st 5 rows beg with a P row

Next row: K19, skpo, K1, skpo, K1, K2tog, K1, K2tog, K19 - 45sts

St-st 5 rows beg with a P row

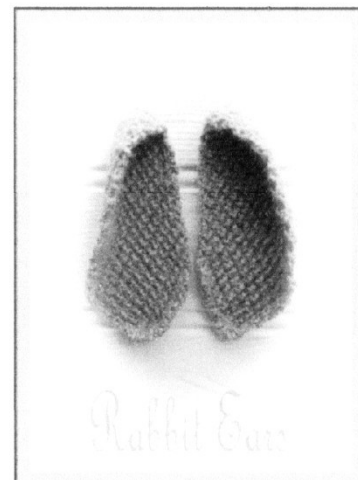
Next row: K1, (K2tog) to end - 23sts.

P 1 row

Cast off

To Make Up Body

Close centre back. Stuff firmly from each end, turning and moulding as you work. Slightly 'square off' the bottom end as you stuff (*as photograph below*) and keep in mind that you need to 'fill out' the abdominal area (the girth should measure 24cm when finished) Close the bottom end seam using mattress stitch or slipstitch but leave the top end open at this point. Attach open ended legs by slipstitching around the edges.



Raggedy Rabbit Ears 3.25mm Needles (Make 2)

Cast on 20 sts in D beg at top of ear

Work next 4 rows in Double Moss Stitch as follows:

1st row K1, P1 to end

2nd row K1, P1 to end

3rd row P1, K1 to end

4th row P1, K1 to end

Rep. these 4 rows working a further **38** rows ending on the **2nd** row of pattern

Continuing in pattern start decrease

Next row: Skpo, work in pattern to last 2 sts, P2tog.

Work 1 row in pattern beginning with K1

Repeat these 2 rows until last 6 stitches remain finishing on 2nd row of decrease

Break off yarn, thread through remaining stitches, gather slightly and fasten off.

To Make Up

Fold ear in half at cast on edge matching corner to corner and sew seam.

Head 3.25mm Needles

Cast on 11 in D beg at back of head

1st row P to end

2nd row K1, (M1, K1) to end – 21 sts

Rep last 2 rows once more – 41 sts

St-st 5 rows beg with a P row

Next row: K1, (M1, K3) to last remaining stitch M1, K1 – 55 sts

St-st 21 rows beg with a P row

Next row: K1, (K2tog) to end - 28 sts

St-st 9 rows beg with a P row

Next row: K1, (K2tog.) to last remaining stitch, K1 - 15 sts

P 1 row

Break off yarn, thread through remaining stitches, gather and secure, leaving yarn end to close seam

To Make up

1. Sew up

Gather up and secure stitches at the nose leaving a long strand of yarn to close seam.

Close nose to chin seam (*ending 1cm past K2tog decrease*) then fasten off.

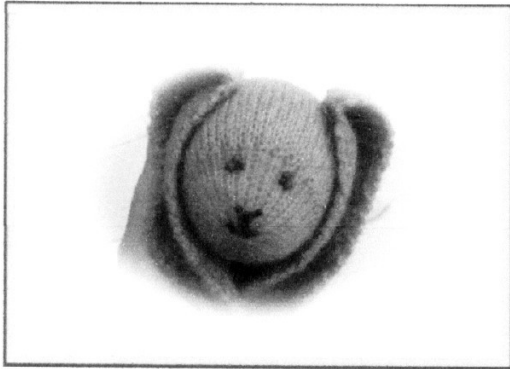
Gather up the stitches at the back of the head and sew the seam leaving an opening of approx 2.5cm at the base of the head (*You will use this opening to embroider the face before closing*)

2.Fill

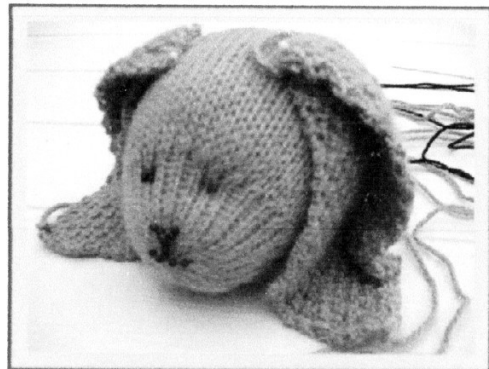
Fill with small amounts of stuffing at a time starting at the nose and back of the head areas first then working evenly around the head (*tearing off small amounts at a time will ensure that the fibres knit together*) Mould and firm the stuffing as you work (*the head should be really firm to the touch*) but avoid overstretching the stitches resulting in holes. This may seem to take quite an amount of time but you will suddenly see everything fit into place!

3.Press

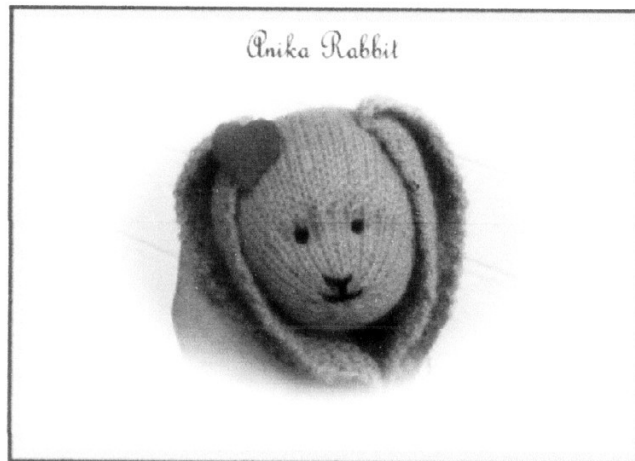
Gently smooth any uneven areas around the nose, back of head and seams by placing a cotton/linen cloth over the area and gently pressing. Build up the heat gradually so that you don't overdo this!



Use round headed pins to place *Anika's* features



Draw back yarn & secure to produce an eye socket



*If you don't want to knit a hat I think this little **sweetheart** is a very pretty decoration for *Anika**

4. Embroider

It will help to pin the ears in place at this point to help you position the features (*approximately 4cm apart*)

Mark out the features with round headed pins (*Count your pins to make sure they are all removed afterwards*)

Place eyes 4 knit stitches apart and just below the decrease row (see photograph above) using **French Knots** as follows:

Thread a long darning needle with black yarn .Tie a knot 4" from the end of the thread. Insert the needle into the opening at the base of the head and bring out through the centre of the area where you

have placed your eye pins. Remove these pins now and return the needle back through the stuffing and neck opening ***pulling*** slightly so that this produces an ***eye socket*** and gives ***contour to the face***. Thread another long darning needle and repeat this process for the other eye so that you are now working with 2 needles and threads. Once the eye sockets are evenly placed knot your yarn ends to secure and now you can carry on and apply the French Knots. I make a series of these in each eye working from one eye to the other slowly building up until I am satisfied that someone is looking directly back at me!

When you are happy that the eyes are equally sized, tie the ends of the yarns together again securely and cut off any excess,

(Tip: If you struggle with French Knots make a large knot in the middle of a long thread of yarn then pass both ends through the eye socket and out through the head opening, then tie together securely. Alternatively you could backstitch)

Next, knotting the yarn first as before, embroider a 'V' for the nose and then an inverted 'Y' for the mouth following the photograph. Slightly turn up the corners of the mouth. Remove your pins as you work and finally tie ends together securely at the base of the head.

Once the features are completed cover the open area with a small amount of stuffing and close the seam.

Check that the ears are positioned correctly, sew in place and secure head to body gathering neck opening slightly. (The head will 'nod' from side to side)

Arms 3.25mm Needles (Make 2)

Cast on 9 sts in D beg at shoulder

P 1 row

Next row: K1, (M1, K1) to end - 17sts

P 1 row

Next row: K4, (M1, K2) twice, M1, K1, M1, (K2, M1) twice, K4 – 23 sts

St-st 37 rows beg with a P row

Next row: K1, (K2tog) to end - 12 sts

Break off yarn, thread through remaining stitches and secure leaving a long strand

To Make Up

Gather up cast off edge at top of arm, close seam using long strand and leave a small opening for stuffing. Stuff firmly, close and press lightly under a cloth. Pass a long strand of yarn from one arm through the body to the other side and pull slightly. This will produce a shoulder socket. Using the same yarn, attach the second arm and pass yarn through the body in the opposite direction. Repeat this process again until both arms are securely in place. *Fasten off.*

****This is a good time to make your pompom tail in A and put it to one side as it will be needed to position bloomer and skirt openings.***

Cosy Red Winter Bloomers 2.75mm Needles (Make 2)

Cast on 30 sts in F beg at lower edge

G-st 2 rows

Next row: K1, (inc. in every stitch) to end - 59 st

St-st 9 rows beg with a P row

Begin decrease

Dec 1 st at each end of next 6 rows beg with a **K** row- 47 sts

St-st 22 rows beg with a K row

Next row: K1, (K2tog) to end - 24 sts.

Cast off.

Lacy Bloomer Edging 2.75mm Needles (Make 2)

Cast on 4 sts in F and work as follows:

1st row: K2tog, K 1, turn

2nd row: K1, inc in last st

3rd row: K to end

4th row: K to end

Repeat these 4 rows 23 times more (Tip: Use a row counter to count every 4th row)

Cast off

To Make Up

Press bloomer pieces lightly under a cloth avoiding g-st border.

Pin lacy edging evenly across g-st border on **R** side and secure in place using **F**

Place bloomer pieces together and join front centre seam then fasten off.

Join back seam from waistband down for 2cm ($\frac{3}{4}$ ") (do not secure yarn for the moment as you are leaving an opening for the tail)

Next join each separate leg seam to point of decrease then continue up the back seam for approx 3cm (1") (do not secure yarn for the moment) Position bloomers but don't secure yarn ends yet.



Anika really needs some warm winter clothes now. It's very chilly out there!

I love this little skirt!

Little Pleated Drawstring Skirt 2.75mm needles (1 piece)

Cast on 140 sts in **F** beg at hem edge

G-st 2 rows

Change to G and continue as follows:

K 1 row

Begin rib pattern

Row 1: K1, (P5, K2) to last 6 sts, P5, K1

Row 2: K1, (K5, P2) to last 6 sts, K6

Repeat these 2 rows until work measures 11cm (4 $\frac{1}{4}$ ") ending on 1st row of rib pattern

Decrease row

(K2tog) to end – 70 sts

St-st 7 rows beg with a P row

Decrease for waistband

K4, (K2tog, K4) to end – 59 sts

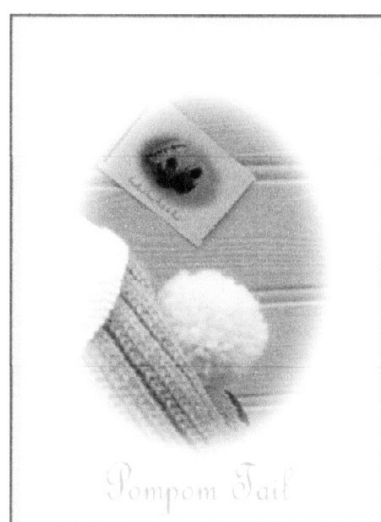
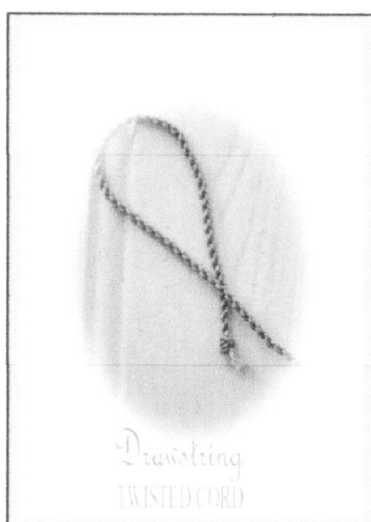
Waistband

G-st 3 rows

Cast off

To Make Up

Press skirt lightly on WS under a cotton/linen cloth. With **RS** tog backstitch centre back seam from waistband downwards for approx 5cm (2") and hem upwards for approx 4cm (1 $\frac{1}{2}$ ") Position bloomers and skirt (skirt waistband is positioned above round tummy approx 6.5cm/ 2 $\frac{1}{2}$ " down from centre neck) Next fasten off yarn ends when you have checked tail position. Secure tail in place.



Double Twisted Cord

Make a twisted cord using 2 strands of **G** each measuring approx 130cm

With both strands together tie a loop at each end

Ask a friend to hold one loop over a finger or tie to a handle

Put the other loop around your index finger and move your finger round in a clockwise motion.

Keep the yarn taught and your other hand cupped lightly over it. Continue to wind until the whole length is twisting back on itself when you loosen your hold.

Next take the centre of the yarn length with your other hand and fold in half releasing the loop from your finger and allowing the cord to double up.

Smooth the twisted cord and then tie a knot in the end to secure.

To Make Up

Secure on centre of skirt waistband with a slipstitch and tie into a bow. Knot each end at desired length and trim off excess.

Fair Isle Sweetheart Jumper 2.75 mm Needles

Front

Cast on 45 sts in **E** beg at hem edge

G-st 4 rows

Next: Work Sweetheart Panel in st-st

*The Sweetheart Panel is worked over the 1st – 20th rows of st-st in **E** & **F** as diagram 1 across the 45 sts beg with a **K** row in **F***

(At the same time mark each end of 17th row for sleeve placement)

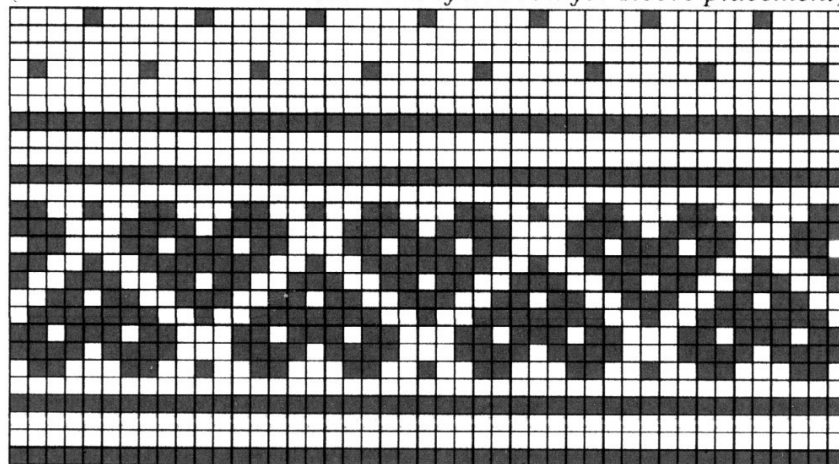


Diagram 1 (Showing Sweetheart Panel rows 1-20 followed by Dotty Pattern rows 21 - 26)

Next: Work rows 21 – 26 in *Dotty Pattern* using *E & F as diagram 1* beg with a **K** row

Next: Repeat the last 6 rows (21 – 26) until you have completed row **36 of st-st**

Shape Shoulders

Continuing in E cast off 11sts at beginning of next 2 rows - 23sts.

Next: Work 2 rows in K1, P1 rib increasing 1 stitch at each end of both rows - 27sts.

Next: Work a further 9 rows in rib

Cast off **LOOSELY** in rib (*Use a larger needle if you find this difficult*)

Back 2.75mm Needles

Cast on 45 sts in *E* beg at lower edge

G-st 4 rows

Next: St-st 36 rows beg with a K row (*At the same time mark each end of 17th row for sleeve placement*)

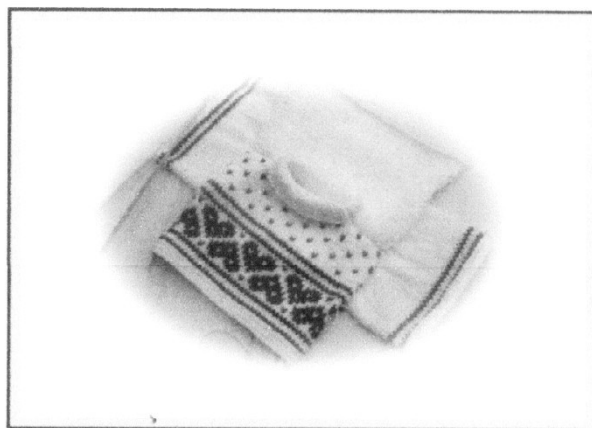
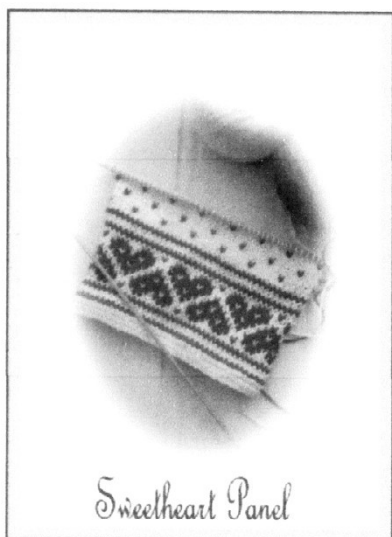
Shape Shoulders

Continuing in E cast off 11sts at beginning of next 2 rows - 23sts.

Next: Work 2 rows in K1, P1 rib increasing 1 stitch at each end of every row - 27sts.

Next: Work a further 9 rows in rib

Cast off **LOOSELY** in rib



To Make Up

Press pieces lightly under a cloth on **WS** and join front to back down neck seams (*remember to reverse stitching where neck will be rolled over*) and across shoulder seams. Fasten off and press seams lightly.

Sleeves 2.75mm Needles (Make 2)

With right side facing and using E pick up 36 sts evenly across back and front between markers.

Next: St-st 15 rows beg with a P row

Now work sleeve stripe as follows (diagram 2)

Next: K 1 row in F

Next: P 1 row in E

Next: K 1 row in E

Next: P 1 row in F

Next: G-st 4 rows in E

Cast off

Sleeve stripe worked in E and F across the 36 sts



Diagram 2

To Make Up

Press lightly under a cloth on **WS**. Close sleeve and side seams then fasten off. Fold over neck opening.

Mini Sweetheart Winter Beret 2.75 mm Needles

Cast on 80 sts in **E** beg at brim

Work next 6 rows in K1, P1 rib

Increase row

(Rib 2, M1) to last 2 sts, rib 2 – 119 sts

St-st 3 rows beg with a K row

Next work Mini Sweetheart Border over next 3 rows as follows (diagram 3)

Row 1: (P3 in **E**, P1 in **F**) to last 3 sts, P3 in **E**

Row 2: K2 in **E**, (K3 in **F**, K1 in **E**) to last 5 sts, K3 in **F**, K2 in **E**

Row 3: P2 in **E**, (P1 in **F**, P1 in **E**) to last 3 sts, P1 in **F**, P2 in **E**

*The Mini Sweetheart Border is worked over the 119 sts beg and ending each row as diagram 3 & beg on a **P** row*

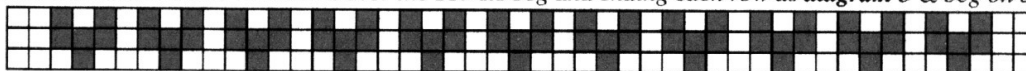


Diagram 3

*Next continuing in **E***

St-st 2 rows beg with a K row

Begin decreasing by 9 sts on next and every alt row as follows:

Next row: K1, (K2tog, K11) to last st, K1 – 110 sts

P 1 row

Next row: K1, (K2tog, K10) to last st, K1 – 101 sts

P 1 row

Next row: K1, (K2tog, K9) to last st, K1 – 92 sts

P 1 row

Next row: K1, (K2tog, K8) to last st, K1 – 83 sts

P 1 row

Next row: K1, (K2tog, K7) to last st, K1 – 74 sts

P 1 row

Cont decreasing in this way until you have completed the following row:

K1, (K2tog, K1) to last st, K1 – 20 sts

Next row: P 1 row

Next row: (K2tog) to end – 10 sts

Break off yarn, thread through remaining sts and secure.

To Make Up

Press lightly under a cloth on **WS** avoiding rib detail. Close seam matching heart border edges and position on **Anika** with seam centre back. Once positioned lightly press centre of beret under a cloth if required.



Christmas Greetings
from
Mary Jane's TEAROOM