

# SUNBEAM

Four Plys

Sizes 18 to 20

87  
7p



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## Materials

10 (12) balls.

## SUNBEAM

St. Ives, Hyland, Tricel- or Courtelles-Nylon  
Four Ply

*To ensure accuracy one of the above yarns  
must be used.*

2 No. 10 and 2 No. 12 "Aero" Knitting needles.

4 Buttons for Jacket.

Elastic for Waist of Leggings.

## Measurements

To fit 18 (20) inch Chest.

All round 20 (22) inches approx.

Length Jacket 12 (13½) inches.

Sleeve Seam 6½ (7) inches.

Leggings, Front Seam 7 (8) inches.

Leg seam to bottom of foot 8½ (10) inches.

## Tension

7 sts. to 1 in. over st.st. on No. 10 needles.

*Check your tension very carefully and use different  
size needles if necessary.*

## Abbreviations

|          |                          |        |             |
|----------|--------------------------|--------|-------------|
| alt.     | alternate                | beg.   | beginning   |
| cont.    | continue                 | dec.   | decrease    |
| fin.     | finishing                | fol.   | following   |
| g.st.    | garter stitch            | ins.   | inches      |
| inc.     | increase                 | K      | knit        |
| m        | make                     | m.st.  | moss stitch |
| P        | purl                     | patt.  | pattern     |
| p.s.s.o. | pass slipped stitch over | rep.   | repeat      |
| rem.     | remain                   | reqd.  | required    |
| sl.      | slip                     | sts.   | stitches    |
| st.st.   | stocking stitch          | tog.   | together    |
| t.b.l.   | through back of loops    | wl.bk. | wool back   |
| wl.fwd.  | wool forward.            |        |             |

## JACKET

### BACK

With No. 12 needles cast on 111 (123) sts. and K 4 rows.  
Change to No. 10 needles and cont. in patt. as folls:

**1st row** K3 (K2 tog., wl.fwd., K2) to end.

**2nd row** P3 (w.r.n., P2 tog., P2) to end.

**3rd row** K1 (K2 tog., wl.fwd., K2) to last 2 sts., K2.

**4th row** P to end.

**5th row** (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last 3 sts., K3.

**6th row** (P2, P2 tog.t.b.l., w.r.n.) to last 3 sts., P3.

**7th row** K2 (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last st., K1.

**8th row** P to end.

# COSY PRAM SET

Rep. these 8 rows until work measures 7 (8) ins. from beg.,  
fin. with a 4th or 8th patt. row.

Change to No. 12 needles.

**Next row** (K1, K2 tog.) to end. 74 (82) sts.

K3 rows.

Change to No. 10 needles and beg. with a K row work 4 (6)  
rows in st.st.

## Shape Armholes

Cast off 5 sts. at beg. of next 2 rows.

**Next row** K1, K2 tog., K to last 3 sts., sl.1, K1, p.s.s.o., K.1

**Next row** P to end.

Rep. the last 2 rows until 22 (24) sts. rem., fin. with a P row.  
Leave sts. on a holder.

## LEFT FRONT

With No. 12 needles cast on 58 (66) sts. and K 4 rows.  
Change to No. 10 needles and cont. in patt. as folls:

**1st row** K3 (K2 tog., wl.fwd., K2) to last 3 sts., K3.

**2nd row** K3, P3 (w.r.n., P2 tog., P2) to end.

**3rd row** K1 (K2 tog., wl.fwd., K2) to last 5 sts., K5.

**4th row** K3, P to end.

**5th row** (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last 6 sts., K6.

**6th row** K3 (P2, P2 tog.t.b.l., w.r.n.) to last 3 sts., P3.

**7th row** K2 (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last 4 sts., K4.

**8th row** K3, P to end.

Rep. these 8 rows until work measures the same as Back  
to top of pattern, fin. with 4th or 8th patt. row.

Change to No. 12 needles.

**Next row** (K1, K2 tog.) to last 4 (3) sts., K4 (3). 40 (45) sts.  
K 3 rows.

Change to No. 10 needles.

**Next row** K to end.

**Next row** K3, P to end.

Rep. the last 2 rows once (twice) more.

## Shape Armhole

Cast off 5 sts. at beg. of next row.

**Next row** K3, P to end.

**Next row** K1, K2 tog., K to end.

Rep. the last 2 rows until 22 (24) sts. rem., fin. with a P row

## Shape Neck

**Next row** K1, K2 tog., K12, turn and leave rem. 7 (9) sts.  
on holder.

**Next row** P to end.

**Next row** K1, K2 tog., K to last 3 sts., sl.1, K1, p.s.s.o., K1.

Rep. the last 2 rows 4 times more (4 sts.) then cont. to dec.  
at raglan edge only on foll. 2 alt. rows (2 sts.).

Cast off.

## RIGHT FRONT

With No. 12 needles cast on 58 (66) sts. and K 4 rows. Change to No. 10 needles and cont. in patt. as folls:

**1st row** K6 (K2 tog., wl.fwd., K2) to end.

**2nd row** P3, (w.r.n., P2 tog., P2) to last 3 sts., K3.

**3rd row** K4 (K2 tog., wl.fwd., K2) to last 2 sts., K2.

**4th row** P to last 3 sts., K3.

**5th row** K3 (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last 3 sts., K3.

**6th row** (P2, P2 tog.t.b.l., w.r.n.) to last 6 sts., P3, K3.

**7th row** K5 (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last st., K1.

**8th row** P to last 3 sts., K3.

Rep. these 8 rows until work measures the same as Left Front to top of patt., fin. with the same patt. row.

Change to No. 12 needles.

**Next row** K4 (3), (K2 tog., K1) to end. 40 (45) sts.

**Next row** K to end.

**Next row** K3, wl.fwd., sl.1, K1, p.s.s.o., K to end.

**Next row** K to end.

Change to No. 10 needles.

**Next row** K to end.

**Next row** P to last 3 sts., K3.

Rep. these 2 rows once (twice) more, then the first of them again.

## Shape Armhole

Cast off 5 sts. at beg. of next row.

**Next row** K to last 3 sts., sl.1, K1, p.s.s.o., K1.

**Next row** P to last 3 sts., K3.

Rep. these 2 rows until 21 (23) sts. rem., fin. with a K row and making 2nd buttonhole on 20th (24th) row after first.

## Shape Neck

**Next row** P14, turn and leave rem. 7 (9) sts. on holder.

**Next row** K1, K2 tog., K to last 3 sts., sl.1, K1, p.s.s.o., K1.

**Next row** P to end.

Rep. the last 2 rows 4 times more, then cont. to dec. at raglan edge only on foll. 2 alt rows.

Cast off.

## SLEEVES

With No. 12 needles cast on 35 (39) sts. and K 4 rows. Change to No. 10 needles and cont. in st.st., inc. 1 st. at each end of 3rd and every foll. 6th row until there are 53 (59) sts., then cont. straight until sleeve seam measures  $6\frac{1}{2}$  (7) ins. from beg., or length reqd., fin. with a K row. Mark this point, then work a further 7 rows straight (these 7 rows are set into armhole shaping and are not included in sleeve seam measurement).

## Shape Top

**Next row** K1, K2 tog., K to last 3 sts., sl.1, K1, p.s.s.o., K1.

**Next row** P to end.

Rep. these 2 rows until 11 sts. rem., fin. with a P row. Leave sts. on holder.

## HOOD

Join raglan seams, sewing the last 7 rows of sleeve seams to the cast off sts. at armholes.

With No. 12 needles and right side facing slip the 7 (9) sts. of front neck on to needle, pick up and K 11 sts. up side of front neck, K across sts. of right sleeve, back neck and left sleeve, knitting 2 tog. at each seam and inc. one

st. at centre back neck, pick up and K 11 sts. down side of front neck, then K rem. 7 (9) sts. 79 (85) sts.

**Next row** K3 (P1, K1) to last 2 sts., K2.

**Next row** K4 (P1, K1) to last 3 sts., K3.

Rep. these 2 rows for 2 ins., fin. with a wrong side row and making 3rd buttonhole on 2nd row.

**Next row** K3, rib 6, and leave these 9 sts. on holder, rib to last 9 sts., turn and leave the rem. 9 sts. on holder. 61 (67) sts.

Change to No. 10 needles.

**Next row** (P1, P twice into next st.) to last st., P1. 91 (100) sts.

Cont. with edges in patt. as folls:

**1st row** K3 (K2 tog., wl.fwd., K2) 3 times, P1, K to last 16 sts., P1, K3 (K2 tog., wl.fwd., K2) to end.

**2nd row** P3 (w.r.n., P2 tog., P2) 3 times, K1, P to last 16 sts., K1, P3 (w.r.n., P2 tog., P2) to end.

**3rd row** K1 (K2 tog., wl.fwd., K2) 3 times, K2, P1, K to last 16 sts., P1, K1 (K2 tog., wl.fwd., K2) to last 2 sts., K2.

**4th row** P15, K1, P to last 16 sts., K1, P15.

**5th row** (K2, wl.fwd., sl.1, K1, p.s.s.o.) 3 times, K3, P1, K to last 16 sts., P1 (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last 3 sts., K3.

**6th row** (P2, P2 tog.t.b.l., w.r.n.) 3 times, P3, K1, P to last 16 sts., K1 (P2, P2 tog.t.b.l., w.r.n.) to last 3 sts., P3.

**7th row** K2 (K2, wl.fwd., sl.1, K1, p.s.s.o.) 3 times, K1, P1, K to last 16 sts., P1, K2 (K2, wl.fwd., sl.1, K1, p.s.s.o.) to last st., K1.

**8th row** As 4th row.

Rep. these 8 rows until work measures 7 (8) ins. from top of ribbing, fin. with a wrong side row (4th or 8th patt. row). Cast off and join seam or divide sts. in half and graft.

## Face Edge

Slip the 9 sts. from right front edge on to No. 12 needle, pick up and K 96 (104) sts. round face edge, work 9 sts. of left front.

Work 7 rows in (P1, K1) rib, keeping 3 sts. at each end in g.st., and making buttonhole as before on the 4th row. Cast off in patt.

## MITTS

With No. 12 needles cast on 35 (39) sts.

**1st row** K1 (P1, K1) to end.

**2nd row** P1 (K1, P1) to end.

Rep. these 2 rows for 2 ins., fin. with 2nd row. *22 Rows*

**Next row** K1, P1, K1 (wl.fwd., K2 tog., P1, K1) to end. Change to No. 10 needles.

**Next row** P3 (1), (P twice into next st., P3) 7 (9) times, P twice into next st., P3 (1). 43 (49) sts.

Beg. with a K row cont. in st.st. until work measures 4 (5) ins. from beg., fin. with a P row. *18 Rows*

## Shape Top

**1st row** K1, \* K2 tog., K16 (19), K2 tog.t.b.l., K1.

Rep. from \* once more.

**2nd row** P to end.

**3rd row** K1, \* K2 tog., K14 (17), K2 tog.t.b.l., K1.

Rep. from \* once more.

Cont. to dec. in this way on every alt. row until 23 (29) sts.

rem., fin. with a right side row.  
**Next row** P10 (13), P2 tog., turn.  
Graft sts. or cast them off tog.

## LEGGINGS

With No. 12 needles cast on 179 (187) sts.

**1st row** K1, (P1, K1) to end.

**2nd row** P1 (K1, P1) to end.

Rep. these 2 rows once more.

**5th row** K1, P1, K1 (wl.fwd., K2 tog., P1, K1) to end.

Work 4 more rows in rib.

Change to No. 10 needles and P1 row.

### Shape Back

**1st row** K.107 (111), turn.

**2nd row** P35, turn.

**3rd row** K42, turn.

**4th row** P49, turn.

Cont. in this way, working 7 more sts. on every row until 16 (20) sts. rem. at each end, thus fin. with a P row.

**Next row** K to end.

**Next row** P to end.

Cont. with side panels in patt. as folls:

**1st row** K36 (38), P1, patt. 15 as 1st row of patt. on hood, P1, K73 (77), P1, patt. 15 as before, P1, K to end.

**2nd row** P36 (38), K1, patt. 15 as 2nd row of patt. on hood, K1, P 73 (77), K1, patt. 15 as before, K1, P to end.

Keeping the panels of patt. correct, cont. straight until work measures 7 (8) ins. from beg., measured at side of work, fin. with a right side row.

### Divide for Legs

**1st row** \*P36 (38), K1, patt. 15, K1, P36 (38) \*, P twice into next st., rep. from \* to \*. 180 (188) sts.

**2nd row** K36 (38), P1, patt. 15, P1, K37 (39), turn and leave rem. sts. on holder.

\*\*Still keeping patt. correct, dec. one st. at each end of 2nd and every foll. alt. row until 44 (48) sts. rem., then cont. straight until leg seam measures  $7\frac{1}{2}$  (9) ins., fin. with a wrong side row and dec. one st. at end of last row. 43 (47) sts.

Change to No. 12 needles and work 9 rows in rib, thus fin. with 1st rib row.

Change to No. 10 needles.\*\*

### Shape Foot

**1st row** P38 (41), turn.

**2nd row** K14 (16), turn.

\*\*\*Cont. on these 14 (16) sts. in st.st. for  $1\frac{1}{2}$  (2) ins., fin. with a P row.

**Next row** K1, K2 tog., K to last 3 sts., sl.1, K1, p.s.s.o., K1.

**Next row** P to end.

Rep. these 2 rows twice more. 8 (10) sts.

Break off wool and leave sts. for the present.\*\*\*

Rejoin wool to inside of the 5 (6) sts. which were left and P to end.

**Next row** K5 (6), pick up and K14 (16) sts. along side of foot, K8 (10) toe sts., pick up and K14 (16) sts. along other side of foot, then K rem. 24 (25) sts. 65 (73) sts.

Cont. in g.st. for 7 (9) rows.

**Next row** K21 (25), (K2 tog.) twice, K28 (32), (K2 tog.) twice, K8.

**Next row** K to end.

**Next row** K20 (24), (K2 tog.) twice, K26 (30), (K2 tog.) twice, K7.

**Next row** K to end.

**Next row** K19 (23), (K2 tog.) twice, K24 (28), (K2 tog.) twice, K6.

Cast off.

Return to the 90 (94) sts. which were left; with right side facing rejoin wool and patt. to end.

Cont. as given for first leg from \*\* to \*\*.

### Shape Foot

**1st row** P19 (22) turn.

**2nd row** K14 (16), turn.

Cont. as given for first foot from \*\*\* to \*\*\*

Rejoin wool to inside of the 24 (25) sts. which were left and P to end.

**Next row** K24 (25), pick up and K 14 (16) sts. along side of foot, K the 8 (10) toe sts., pick up and K 14 (16) sts. along other side of foot, then K rem. 5 (6) sts.

Cont. in g.st. for 7 (9) rows.

**Next row** K8 (K2 tog.) twice, K28 (32), (K2 tog.) twice, K21 (25).

Cont. as given for first foot, reversing shaping as shown.

## TO MAKE UP

Press work with a cool iron over a damp cloth.

**Jacket:** Join side and sleeve seams.

Sew on buttons.

**Mitts:** Join side seam. Make 2 cords for wrists.

**Leggings:** Join front, leg and foot seams.

Thread elastic round waist.

## GENERAL PRESSING INSTRUCTIONS

WOOL – under damp cloth, warm iron.  
WOOL & MAN-MADE FIBRES – under damp cloth, cool iron, light press.

NYLON – under dry cloth, cool iron.  
COURTELLE-NYLON – under dry cloth, cool iron.



**Sunbeam-Mountain Maid Wools**

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and

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