

Nursery knits



Instructions
in 2 sizes
on page 20



**KNITTING
EDITOR
MARION
SMITH**

SAYS: "I
know how
many of you

are fans of our knitting designer Debbie Bliss by the vast number of letters I receive. So I'm delighted to feature a selection from her new book, *Nursery Knits* (Ebury Press, £10.99), and to be able to offer *Woman's Weekly* readers a discount of £1 per copy, plus free p&p for every paperback ordered from TBS Direct, Tiptree Book Services, Church Road, Tiptree, Essex CO5 0SR (tel: 01621 819596). I don't think I'd be doing Debbie an injustice to say that much as she enjoys knitting design, her heart lies in children's knits. They may not be easy but there's lots of love and care expressed in their execution. Thanks again, Debbie."



Instructions
in 3 sizes
on page 22



Smock-style jacket

The smock-style jacket has dropped shoulders, patch pockets and a square collar. It's knitted in stocking stitch with diamond-trellis yoke and trim. The borders and pocket heart motifs are worked in moss stitch. The sheep are featured in Debbie's book. The yarn is pure cotton.

Materials

● 7 (8) 50 g balls of Rowan Cotton Glacé in Ecru (725). No. 10 (3¼ mm) knitting needles; a cable needle; 6 buttons. Yarn costs about £3.15 per 50 g ball. For stockists, write to Rowan Yarns, Green Lane Mill, Holmfirth, West Yorkshire HD7 1RW. Tel: 01484 681881.

Tension

● 25 stitches and 34 rows, to 10 x 10 cm,

over stocking stitch, and 32 stitches and 36 rows to 10 x 10 cm, over yoke pattern.

Abbreviations

● **K**, knit; **p**, purl; **st**, stitch; **sl**, slip; **tog**, together; **up1**, pick up loop lying between needles and k or p into back of it; **mst**, moss st; **inc**, increase (by working twice into same st); **dec**, decrease (by taking 2 sts tog); **ss**, stocking st (k on right side and p on wrong side); **nil**, meaning nothing is

worked here for this size; **ym**, yarn round needle to make a st; **c2b**, cable 2 back (sl 1 st on cable needle and leave at back, k1, then k1 from cable needle); **c2f**, cable 2 front (sl 1 st on cable needle and leave at front, k1, then k1 from cable needle); **cr2lt**, cross 2 left (sl 1 st on cable needle and leave at front, p1, then k1 from cable needle); **cr2rt**, cross 2 right (sl 1 st on cable needle and leave at back of work, k1, then p1 from cable needle).

nits



INTERMEDIATE
Make

BACK

● Cast on 105 (115) sts.
Mst row: K1, [p1, k1] to end.
Repeat mst row, 5 times more.

Ss 75 (85) rows.
Dec row: P2 (3), p2tog, p2, [p2tog, p3, p2tog, p2] to end — 82 (90) sts.
Work yoke pattern:

1st row: P4, c2f, [p6, c2f] to last 4 sts, p4.

2nd row: K3, cr2lt, cr2rt, [k4, cr2lt, cr2rt] to last 3 sts, k3. **3rd row:** P2, [cr2rt, p2, cr2lt, p2] to end. **4th row:** K1, [cr2lt, k4, cr2rt] to last st, k1.

5th row: P1, k1, p6, [c2b, p6] to last 2 sts, k1, p1. **6th row:** K1, [cr2rt, k4, cr2lt] to last st, k1.

7th row: P2, [cr2lt, p2, cr2rt, p2] to end.

8th row: K3, cr2rt, cr2lt, [k4, cr2rt, cr2lt] to last 3 sts, k3. These 8 rows form pattern. Work another 35 (39) rows.

DIVIDE FOR BACK

NECK: Next row: Pattern 30 (33) and leave these sts for left back neck, cast off next 22 (24) sts, pattern to end and work on these 30 (33) sts for right back neck.

RIGHT BACK NECK:

1st row: Cast off 8 (9) sts, pattern to end.
2nd row: Cast off 3 sts, pattern to end.
Repeat last 2 rows, once more. Cast off 8 (9) sts.

LEFT BACK NECK:

With right side facing, rejoin yarn to remaining sts.
1st row: Cast off 3 sts, pattern to end.
2nd row: Cast off 8 (9) sts, pattern to end.
Repeat last 2 rows, once more. Pattern 1 row. Cast off 8 (9) sts.

LEFT FRONT

● Cast on 59 (65) sts. Mst 6 rows as on back. **1st row:** K to last 4 sts, mst 4 for border. **2nd row:** Mst 4 for border, p to end. Continue in ss with mst border for

another 73 (83) rows.

Dec row: Mst 4, [p2tog, p2] to last 3 (9) sts, [p2tog, p1] 1 (3) times — 45 (49) sts.

Place yoke pattern:

1st row: P4, c2f, [p6, c2f] to last 7 (11) sts, p3 (p6, k1), mst 4.

2nd row: Mst 4, then k2 (cr2rt, k4), cr2lt, cr2rt, [k4, cr2lt, cr2rt] to last 3 sts, k3. These 2 rows place yoke pattern and mst border. Keeping pattern correct to match back, work another 33 (37) rows.

FOR NECK: Cast off 11 (12) sts at beginning of next row, and 4 sts on 2 following alternate rows. Dec 1 st at neck edge on next 2 rows — 24 (27) sts. Pattern 2 rows.

FOR SHOULDER: Cast off 8 (9) sts at beginning of next row and the following alternate row. Work 1 row. Cast off 8 (9) sts.

RIGHT FRONT

● Cast on 59 (65) sts. Mst 6 rows as on back.

1st row: Mst 4, k to end. **2nd row:** P to last 4 sts, mst 4. Continue in ss with mst border for another 46 (50) rows.

Buttonhole row: Mst 2, yrn, p2tog, k to end. Pattern 11 (13) rows. Repeat last 12 (14) rows, once more, then buttonhole row again. Pattern 2 (4) rows.

Dec row: [P1, p2tog] 1 (3) time(s), [p2, p2tog] to last 4 sts, mst 4 — 45 (49) sts.

Place yoke pattern: **1st row:** Mst 4, then p3, (k1, p6), c2f, [p6, c2f] to last 4 sts, p4. **2nd row:** K3, cr3lt, cr3rt, [k4, cr2lt, cr2rt] to last 6 (10) sts, k2 (k4, cr2lt), mst 4. These 2 rows place pattern.

Keeping pattern correct to match back, and 4 sts for front border, pattern another 6 rows. Repeat buttonhole row, then pattern another 11 (13) rows. Repeat last 12 (14) rows, once more, then buttonhole row again. Pattern 1 row.

FOR NECK: Cast off 11 (12) sts at beginning of next row, and 4 sts on 2 following alternate rows. Dec 1 st at neck edge on next 2 rows — 24

(27) sts. Pattern 2 rows. **FOR SHOULDER:** Cast off 8 (9) sts at beginning of next row and the following alternate row. Work 1 row. Cast off 8 (9) sts.

SLEEVES

(both alike)

● Cast on 34 (42) sts. Work 9 rows in yoke pattern as given on back.

Increase row: P3, up1, p4, up1, [p2, up1, p2, up1, p4, up1] to last 3 sts, p2, up1, p1 (p3) — 46 (56) sts.

Ss 2 rows, then inc 1 st each end of next row and 11 (10) following 3rd rows — 70 (78) sts. Ss nil (7) rows.

Place pattern thus:

1st row: K18, p4, c2f, [p6, c2f] 3 (4) times, p4, k18. **2nd row:** P18, k3, cr2lt, cr2rt, [p4, cr2lt, cr2rt] 3 (4) times, k3, p18.

These 2 rows place pattern. Keeping pattern correct to match back yoke, work another 15 rows. Cast off.

COLLAR

● Cast on 59 (67) sts. Work 6 rows in mst as on back.

Work in ss with border pattern thus:

1st row: Mst 2, p4, c2f, p4, k35 (43), p4, c2f, p4, mst 2. **2nd row:** Mst 2, k3, cr2lt, cr2rt, k3, p35 (43), k3, cr2lt, cr2rt, k3, mst 2. **3rd row:** Mst 2, p2, cr2rt, p2, cr2lt, p2, k35 (43), p2, cr2rt, p2, cr2lt, p2, mst 2.

4th row: Mst 2, k1, cr2lt, k4, cr2rt, k1, p35 (43), k1, cr2lt, p4, cr2rt, k1, mst 2. **5th row:** Mst 2, p1, k1, p6, k1, p1, k35 (43), p1, k1, p6, k1, p1, mst 2. **6th row:** Mst 2, k1, cr2rt, k4, cr2lt, k1, p35 (43), k1, cr2rt, k4, cr2lt, k1, mst 2. **7th row:** Mst 2, p2, cr2lt, p2, cr2rt, p2, k35 (43), p2, cr2lt, p2, cr2rt, p2, mst 2. **8th row:** Mst 2, k3, cr2rt, cr2lt, k3, p35 (43), k3, cr2rt, cr2lt, k3, mst 2. These 8 rows form borders. Keeping pattern correct, work another 19 (23) rows.

DIVIDE FOR BACK NECK: Next row: Pattern 20 (23) and leave these sts on spare needle for left half collar, cast off next 19 (21) sts, pattern to end and work on these

last 20 (23) sts for right half collar.

RIGHT HALF

COLLAR: Dec 1 st at inner end on the next 4 rows — 16 (19) sts. Pattern 8 rows, then inc 1 st at inner end on next 6 rows, work 1 row.

Next row: Cast on 7 (8) sts, k1, p1, pattern to end — 29 (33) sts.

Next row: Pattern to last 2 sts, p1, k1. Keeping borders correct, pattern another 16 (20) rows. Mst 6 rows. Cast off.

LEFT HALF COLLAR:

With right side facing, rejoin yarn to sts and dec 1 st at inner end on next 4 rows — 16 (19) sts. Pattern 8 rows, then inc 1 st at inner end of next 6 rows.

Next row: Cast on 7 (8) sts, k1, p1, pattern to end — 29 (33) sts.

Next row: Pattern to last 2 sts, p1, k1. Keeping borders correct, pattern another 17 (21) rows. Mst 6 rows. Cast off.

POCKETS

(2 alike)

● Cast on 19 (23) sts. Ss 4 rows.

1st row: K9 (11), p1, k9 (11). **2nd row:** P8 (10), k1, p1, k1, p8 (10). **3rd row:** K7 (9), p1, [k1, p1] twice, k7 (9).

4th row: P6 (8), k1, [p1, k1] 3 times, p6 (8).

5th row: K5 (7), p1, [k1, p1] 4 times, k5 (7).

6th and 7th rows: As 4th and 5th rows.

8th row: P4 (6), k1, [p1, k1] 5 times, p4 (6).

9th row: As 5th row.

10th to 12th rows: Work 8th and 9th rows, then 8th row again.

13th row: K5 (7), p1, k1, p1, k3, p1, k1, p1, k5 (7).

14th row: P6 (8), k1, p5, k1, p6 (8). Ss 4 rows. Mst 4 rows as on back. Cast off.

TO MAKE UP

● Press as on ball band. Join shoulder seams. Sew cast-off edge of sleeves to row-ends of yoke on back and fronts. Join side and sleeve seams. Omitting front borders, sew inner edges of collar round neck edges. Position and sew on pockets. Add buttons.

Note

Instructions are given for small size. Where they vary, work figures in round brackets for larger size. Instructions in square brackets are worked as stated after 2nd bracket.

Measurements

TO FIT SIZES

46 (48) cm/18 (19) in.

ACTUAL MEASUREMENTS

52 (57) cm/20½ (22½) in.

SIDE SEAM

24 (26.5) cm/9½ (10½) in.

LENGTH

37.5 (41) cm/14½ (16) in.

SLEEVE SEAM

18 (19) cm/7 (7½) in.



Cardigan & shoes

This crossover cardigan has set-in sleeves and ties at the waist. It's knitted in stocking stitch with neat Fair-Isle bands and ribbed borders. The matching shoes have garter-stitch soles and ankle straps. The yarn is pure wool 4-ply.

Materials

● **CARDIGAN:** 2 x 50 g balls of Rowan True 4-ply Botany in cream (Snowdrop 545) and 1 ball of yellow (Primrose 541), green (Frost 552), navy (Sloe 548) and red (Redwood 549). No. 10 (3¼ mm) and No. 12 (2¼ mm) knitting needles.
● **SHOES:** Small amounts of same yarn in cream, yellow, green, navy and red. No. 12 (2¼ mm) knitting needles; 2 buttons. Yarn costs about £2.95 per 50 g ball. For stockists, write to Rowan Yarns, Green Lane Mill, Holmfirth, West Yorkshire HD7 1RW. Tel: 01484 681881.

Tension

● 30 stitches and 34 rows to 10 x 10 cm, over pattern, using No. 10 (3¼ mm) needles.

Abbreviations

● **K**, knit; **p**, purl; **st**, stitch; **sl**, slip; **tog**, together; **dec**, decrease (by working 2 sts tog); **inc**, increase (by working twice into same st); **ss**, stocking st (k on right side and p on wrong side); **up1**, pick up loop lying between needles and work into back of it; **yf**, yarn forward to make a st; **skpo**, (sl1, k1, pass sl st over); **nil**, meaning nothing is worked here for this size; **c**, cream; **y**, yellow; **g**, green; **n**, navy; **r**, red.

Note

● Instructions are given for small size. Where they vary, work figures in round brackets for larger size. Instructions in square brackets are worked as stated after 2nd bracket.

ADVANCED
Make

Cardigan

BACK

● With No. 12 (2½ mm) needles and c cast on 79 (85) sts.

1st rib row: K1, [p1, k1] to end. **2nd row:** P1, [k1, p1] to end. Rib another 6 rows — rib 5 rows here when working fronts. ** Change to No. 10 (3¼ mm) needles. Work 26-row pattern which is in ss, beginning with a k row, so only colour details are given. Twist yarns when changing colours to avoid a hole.

1st to 3rd rows: All c. **4th row:** 3 (nil) c, [1y, 3c] to last nil (1) st, nil (1) y. **5th row:** 1 (2) y, [1c, 3y] ending last repeat with 1 (2) y instead of 3y.

6th row: All y. **7th row:** 3 (nil) y, [1n, 3y] to last nil (1) st, nil (1) n. **8th row:** 2 (nil) y, 3 (2) g, [2y, 2g, 1y, 2g, 2y, 3g] to last 2 sts, 2y (ending last repeat with 2g instead of 3g). **9th row:** 1 (nil) y, 2 (nil) g, [1y, 2g, 2y, 3g, 2y, 2g] to last 4 (1) st(s), 1y, 2g, 1y (1y).

10th row: As 8th row, but using g instead of y, and y instead of g. **11th row:** As 9th row, but using r instead of y, and c instead of g.

12th to 21st rows: Work 10th row back to 1st row, in that reverse order. **22nd row:** 2 (nil) c, 1 (nil) g, 1c, [1g, 3c, 1r, 1c, 1r, 3c, 1g, 1c] to last 3 (nil) sts, 1g, 2c (nil).

23rd row: 1c, 1g, 1c (nil), [1r, 1c, 1g, 1c, 5r, 1c, 1g, 1c] to last 4 (1) st(s), 1r, 1c, 1g, 1c (1r).

24th row: 1 (nil) g, 1 (nil) c, 3 (2) r, [1c, 1g, 1c, 3r, 1c, 1g, 1c, 3r] to last 2 sts, 1g, 1g (ending last repeat with 2r instead of 3r).

25th row: 1c, (3r, 1c, 1g, 1c, 1r, 1c, 1g, 1c), [5r, 1c, 1g, 1c, 1r, 1c, 1g, 1c] to last 6 (3) sts, 5r, 1c (3r).

26th row: 2c, 1r (nil), [1c, 1r, 3c, 1g, 1c, 1g, 3c, 1r] to last 4 (1) st(s), 1c, 1r, 2c (1c). Work another 6 (14) rows.

FOR ARMHOLES: Cast off 4 sts at beginning of next 2 rows, then dec 1 st each end of next 4 rows — 63 (69) sts. Work another 32 (34) rows.

FOR SHOULDERS: Cast off 8 (9) sts at beginning of next 2 rows and 9 sts on following 2 rows. Cast off 29 (33) sts.

LEFT FRONT

● Work as back to **, noting variation.

Next row: Cast off 6 sts in rib, rib to end — 73 (79) sts.

Change to No. 10 (3¼ mm) needles. Shape front edge and work pattern thus:

1st and 2nd rows: All c. **3rd row:** With c, k to last 2 sts, dec. **4th row:** Dec with c (y), 2 (3)c,

[1y, 3c] to last nil (1) st, nil (1) y. **5th row:** 1 (2) y, [1c, 3y] to last 2 (3) sts, dec with c (1c, dec with y).

6th row: All y. **7th row:** 3 (nil) y, [1n, 3y] to last 3 (4) sts, 1n, nil (1) y, dec with y.

8th row: Dec with g, 2y, 3g (dec with g, 2 more g), [2y, 2g, 1y, 2g, 2y, 3g] to last 2 sts, 2y (ending last repeat with 2g instead of 3g).

Keeping pattern to match back, dec 1 st at front edge on next row. Work 1 row. Dec 1 st at front edge on next 3 rows.

Work 1 row. Repeat last 4 rows, 4 (6) times, then work first 2 rows again — 50 sts.

FOR ARMHOLE: **1st row:** Cast off 4 sts, work to last 2 sts, dec. **2nd row:** Work to end.

3rd row: Dec, work to last 2 sts,

dec. Repeat last row, twice. **Next row:** Work to last 2 sts, dec.

*** Keeping armhole edge straight, dec 1 st at front edge on next 3 rows. Work 1 row. Repeat last 4 rows, 5 times more, then first 3 (2) of these rows again — 17 (18) sts.

Work 5 (8) rows — work 6 (9) rows here for right front.

FOR SHOULDER: Cast off 8 (9) sts, at beginning of next row — 9 sts. Work 1 row. Cast off.

RIGHT FRONT

● Work as back to **, noting variation.

Next row: Rib to last 6 sts, cast off 6 sts in rib — 73 (79) sts. Break yarn. With right side facing, using No. 10 (3¼ mm) needles, rejoin c.

1st and 2nd rows: All c. **3rd row:** With c, dec, k to end. **4th row:** Nil (1) y, [3c, 1y] to last 4 (5) sts, 2 (3) c, dec with c (y).

5th row: Dec with c (dec with y, 1c), [3y, 1c] to last 1 (2) st(s), 1 (2) y. **6th row:** All y.

7th row: Dec with y, (dec with y, 1 more y), 1n, [3y, 1n] to last 3 (nil) sts, 3 (nil) y. **8th row:** Nil (2g, 2y, 2g, 1y, 2g), 2y, [3g, 2y, 2g, 1y, 2g, 2y] to last 7 (4) sts, 3g, 2y, dec with g (2g, dec with g).

Keeping pattern to match back, dec 1 st at front edge on next row. Work 1 row. Dec 1 st at front edge on next 3 rows. Work 1 row. Repeat last 4 rows, 4 (6) times more, then first 3 rows again — 49 sts.

FOR ARMHOLE: **1st row:** Cast off 4 sts, work to end. **2nd row:** Dec, work to last 2 sts, dec. Repeat last row, twice. **Next row:** Dec, pattern to end. Work as left front from *** to end, noting variation.

SLEEVES

(both alike)

● With No. 12 (2½ mm) needles and c, cast on 31 (35) sts. Rib 15 rows as on back. **Inc row:** [Rib 1, inc, rib 2, inc]

[Rib 1, inc, rib 2, inc, rib 1] — 43 (49) sts. Change to No. 10 (3¼ mm) needles. Beginning with a k row, ss 3 rows c.

Beginning with the 22nd row, work 3 rows in pattern as on back. Keeping pattern to match back, taking extra sts into pattern as they occur, inc 1 st each end of next and 7 following 4th rows — 59 (65) sts.

Work a further 5 (13) rows. **SHAPE TOP:** Cast off 4 sts at beginning of next 2 rows. Dec 1 st each end of next and

2 (3) following alternate rows. Work 1 row, then dec 1 st each end of next 6 (8) rows. Cast off 3 sts at beginning of next 6 rows. Cast off remaining 15 sts.

FRONT BORDER

● Join shoulder seam. With right side facing, using No. 12 (2½ mm) needles and c, beginning and ending at top of welt, pick up and k66 (74) sts up right front to shoulder, 29 (33) across back neck and 66 (74) sts down left front — 161 (181) sts. Rib 8 rows as on back. Cast off in rib.

TIES

(make 2)

● With No. 12 (2½ mm) needles and c cast on 9 sts. Rib 110 (126) rows as on back. Cast off in rib.

TO MAKE UP

● Press as on ball band. Set in sleeves. Join sleeve seams. Join side seams, leaving a tiny opening at right welt seam for tie. Catch row-ends of front border to cast-off sts at top of welt. Sew cast-on edge of ties to row-ends of welt on fronts.

Shoes

LEFT SHOE

● With No. 12 (2½ mm) needles and c cast on 37 (43) sts and k1 row.

1st row (right side): K1, [up1, k17 (20), up1, k1] twice.

2nd row: All k. **3rd row:** K2, up1, k17 (20), up1, k3, up1, k17 (20) up1, k2.

4th row: All k. **5th row:** K3, up1, k17 (20), up1, k5, up1, k17 (20), up1, k3.

6th row: All k. Continue as before increasing 4 sts on next row and 2 (3) following alternate rows — 61 (71) sts.

K1 row, then join in y. **Increase row:** K6 (4), up1, [k7, up1] 7 (9) times, k6 (4) — 69 (81) sts.

Beginning with a p

row, ss nil (1) row.

Beginning with a p (k) row, place pattern thus:

1st row: 1n, [3y, 1n] to end. **2nd row:** 1g, 2y, 3g, [2y, 2g, 1y, 2g, 2y, 3g] to last 3 sts, 2y, 1g.

These 2 rows set 7th and 8th pattern rows of back. Work another 7 (8) rows. **Next row:** With y, k8 (7), k2tog, [k15 (11), k2tog] 3 (5) times, k8 (7) — 65 (75) sts.

Continue with c only. **Next row:** P37 (42), p2tog, turn.

Next row: S11, k9, skpo, turn. **Next row:** S11, p9, p2tog, turn.

Repeat last 2 rows, 5 (7) times, then first of these rows again — 51 (57) sts.

Next row: S11, p to end. Marking 10th st in from

each end, cast off pwise, working 2tog at each corner. Join back and sole seam.

FOR ANKLE STRAP:

With right side facing, using No. 12 (2½ mm) needles and c, pick up and k 21 sts between markers at back and k1 row.

Next row: Cast on 20 (23) sts — cast on 4 sts here when working right shoe — k to end.

Next row: Cast on 4 sts — cast on 20 (23) sts here when working right shoe — k to end — 45 (48) sts.

BUTTONHOLE ROW: K2, yf, skpo, k to end — k to last 4 sts, k2tog, yf, k2 here when working right shoe. K2 rows.

Cast off kwise. Sew on button.

RIGHT SHOE

● Work as left shoe, noting variations.

Measurements

TO FIT CHEST SIZES

46 (48) cm/18 (19) in.

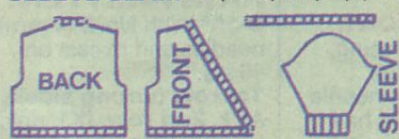
ACTUAL MEASUREMENTS

52.5 (56.5) cm/20½ (22¼) in.

SIDE SEAM 11 (13) cm/4¼ (5) in.

LENGTH 23 (26) cm/9 (10¼) in.

SLEEVE SEAM 15 (17.5) cm/6 (7) in.



Teddy all-in-one

This cosy all-in-one Teddy-bear suit has dropped shoulders, button-up front and a hood. The mittens are joined at the cuff, but can easily be turned back. It's knitted in garter stitch with ribbed borders. The yarn is pure wool D.K.

Measurements

TO FIT SIZES 46 (48) (51) cm/18 (19) (20) in.
ACTUAL MEASUREMENTS
 53 (55.5) (59) cm/20 3/4 (21 1/4) (23 1/4) in.
LENGTH FROM ANKLE TO BACK NECK
 44.5 (48.5) (52.5) cm/17 1/4 (19) (20 1/4) in.
INSIDE LEG SEAM 9 (11) (13) cm/3 1/2 (4 1/4) (5) in.
SLEEVE SEAM 14 (16) (18) cm/5 1/2 (6 1/4) (7) in.

Materials

● 7 (8) (9) 50 g balls of Rowan Designer D.K. Wool in main colour (623) and 1 ball in contrast (690). No. 8 (4 mm) and No. 10 (3 1/4 mm) knitting needles; 11 buttons. Yarn costs about £2.45 per 50 g ball. For stockists, write to Rowan Yarns, Green Lane Mill, Holmfirth, West Yorkshire HD7 1RW. Tel: 01484 681881.

Tension

● 22 stitches and 44 rows to 10 x 10 cm, over garter stitch, using No. 8 (4 mm) needles.

Abbreviations

● **K**, knit; **p**, purl; **st**, stitch; **tog**, together; **dec**, decrease (by working 2 sts tog); **inc**, increase (by working twice into same st); **k2togb**, k2tog through back of sts; **up1**, pick up loop lying between needles and k into back of it; **2 from 1**, (k1 then p1 in same st); **gst**, garter st (k plain on every row); **nil**, meaning nothing is worked here for this size; **m**, main; **c**, contrast.

Note

● Instructions are given for small size. Where they vary, work figures in round brackets for larger sizes. Instructions in square brackets are worked as stated after 2nd bracket.

TO MAKE

LEFT LEG:

● FOR FOOT:

With No. 8 (4 mm) needles and m cast on 32 (34) (36) sts.

1st row (right side):

All k. **2nd row:** [K13 (14) (15), up1, k1, up1, k2] twice. **3rd and**

alternate rows: All k.

4th row: [K13 (14) (15),

up1, k3, up1, k2] twice.

6th row: [K13 (14) (15),

up1, k5, up1, k2] twice.

8th row: [K13 (14) (15),

up1, k7, up1, k2] twice.

10th row: [K13 (14) (15),

up1, k9, up1, k2] twice —

52 (54) (56) sts.

11th to 15th rows:

All k. **16th row:** K13 (14)

(15), k2togb, k7, k2tog,

k to end.

17th to 19th rows: All

k. **20th row:** K13 (14) (15),

k2togb, k5, k2tog, k to end.

21st to 23rd rows: All

k. **24th row:** K13 (14)

(15), k2togb, k3, k2tog,

k to end. **25th and**

alternate rows: All k.

26th row: K12 (13) (14),

k2togb, k3, k2tog, k to end.

28th row: K11 (12) (13),

k2togb, k3, k2tog, k to end.

30th row: K10 (11)

(12), k2togb, k3, k2tog,

k to end.

32nd row: K9 (10) (11),

k2togb, k3, k2tog, k to end.

34th row: K8 (9) (10),

k2togb, k3, k2tog, k to

end — 36 (38) (40) sts.

35th row: All k.

**** FOR LEG:**

Change to No. 10 (3 1/4 mm)

needles.

Increase row (wrong

side): * [K1, p1] twice,

2 from 1; work from * to

last 1 (3) (5) st(s), k1 (k1,

p1, k1) (k1, p1, k1, p1, k1)

— 43 (45) (47) sts.

1st rib row: P1, [k1, p1]

to end. **2nd row:** K1,

[p1, k1] to end. Rib

another 3 rows.

Increase row: Rib 3 (3)

(2), [up1, rib 1, up1, rib 2]

13 (13) (14) times, then

rib 1 (up1, rib 3) (up1, rib

3) — 69 (72) (76) sts.

Change back to No. 8

(4 mm) needles and k32

(40) (48) rows.

SHAPE CROTCH: Cast

off 3 sts at beginning of

next 2 rows, then dec 1 st

at beginning only of next

4 rows — 59 (62) (66) sts.

**** Break off yarn.**

Leave sts on a spare

needle.

RIGHT LEG:

● FOR FOOT:

With No. 8 (4 mm)

needles and m cast on

32 (34) (36) sts.

1st row (right side):

All k.

2nd row: [K2, up1, k1,

up1, k13 (14) (15)] twice.

3rd and alternate

rows: All k. **4th row:**

[K2, up1, k3, up1, k13

(14) (15)] twice.

6th row: [K2, up1, k5,

up1, k13 (14) (15)] twice.

8th row: [K2, up1, k7,

up1, k13 (14) (15)] twice.

10th row: [K2, up1, k9,

up1, k13 (14) (15)] twice

— 52 (54) (56) sts. **11th**

to 15th rows: All k.

16th row: K28 (29) (30),

k2togb, k7, k2tog, k to

end. **17th to 19th**

rows: All k.

20th row: K28 (29) (30),

k2togb, k5, k2tog, k to end.

21st to 23rd rows:

All k. **24th row:** K28 (29)

(30), k2togb, k3, k2tog,

k to end. **25th and**

alternate rows: All k.

26th row: K27 (28) (29),

k2togb, k3, k2tog, k to end.

28th row: K26 (27) (28),

k2togb, k3, k2tog, k to end.

30th row: K25 (26) (27),

k2togb, k3, k2tog, k to end.

32nd row: K24 (25) (26),

k2togb, k3, k2tog, k to end.

34th row: K23 (24) (25),

k2togb, k3, k2tog, k to

end — 36 (38) (40) sts.

35th row: All k.

FOR LEG:

Work as left leg from

** to **.

BODY:

● JOINING ROW:

K59 (62) (66) sts of right

leg, then k59 (62) (66) sts

of left leg — 118 (124)

(132) sts.

K13 rows.

SHAPE FRONT

OPENING: Cast off

3 sts at beginning of next

2 rows — 112 (118)

(126) sts. K another 69

(73) (79) rows.

DIVIDE FOR BACK

AND FRONTS:

Next row: K26 (28) (30)

and leave on a spare

needle for left half front,

k60 (62) (66) and leave on

a spare needle for back,

k to end and work on

remaining 26 (28) (30) sts

for right half front.

RIGHT HALF FRONT:

K40 (44) (48) rows — k39

(43) (47) rows here when

working left half front.

SHAPE NECK: Next

row: Cast off 3 sts, k to

end. Dec 1 st at neck

edge on next 4 (5) (6)

rows — 19 (20) (21) sts.

K another 16 (17) (16) rows.

SLOPE SHOULDER:

Cast off 10 (10) (11) sts at

beginning of next row —

9 (10) (10) sts. K 1 row.

Cast off.

BACK:

With right side facing,

rejoin m to 60 (62) (66)

sts on spare needle

and k60 (66) (70) rows.

SLOPE SHOULDERS:

Cast off 10 (10) (11) sts at

beginning of next 2 rows

and 9 (10) (10) sts on

following 2 rows.

Leave 22 (22) (24) sts on

spare needle.

LEFT HALF FRONT:

With right side facing,

rejoin m to 26 (28)

(30) sts on spare needle

and work as right half

front, noting variation.

RIGHT MITTEN:

● *** With No. 8 (4 mm)

needles and m cast on

16 sts.

1st row (wrong side):

All k. **2nd row:** [K1, up1,

k6, up1, k1] twice.



INTERMEDIATE
Make

3rd row: All k. **4th row:** [K1, up1, k8, up1, k1] twice. **5th row:** All k. **6th row:** [K1, up1, k10, up1, k1] twice. **2nd and 3rd sizes only:** **7th row:** All k.

8th row: [K1, up1, k12, up1, k1] twice.
FOR ALL SIZES:
28 (32) (32) sts.
K 3 rows.
Next (increase) row:
K1, up1, k12 (16) (14),

[up1, k2] once (nil) (once), up1, k12 (15) (14), [up1, k1] once (nil) (once) — 32 (34) (36) sts.
K26 (30) (34) rows.
Change to No. 10 (3¼ mm) needles. ****

Next row: Cast on 8 (9) (9) sts, then work across all sts, thus: k nil (nil) (1), [p1, k1] to last nil (1) (nil) st, p nil (1) (nil) — 40 (43) (45) sts.

Next row: K nil (1) (nil), [p1, k1] 8 (8) (9) times, turn and leaving remaining 24 (26) (27) sts on a spare needle, work on these 16 (17) (18) sts for buttonhole flap thus: **** Rib 1 row.

1st buttonhole row: Rib 3, cast off 1, rib to last 4 sts, cast off 1, rib to end.

2nd buttonhole row:

Rib 3, cast on 1, rib to last 3 sts, cast on 1, rib 3. Rib 2 rows.

Cast off. ****

RIGHT SLEEVE:

● With right side facing, using No. 10 (3¼ mm) needles, rejoin m to inner edge of sts on spare needle, cast on 8 (8) (9) sts, then work across all sts thus: K nil (nil) (1), [p1, k1] to last nil (nil) (1) st, p nil (nil) (1) — 32 (34) (36) sts. ***** Rib another 4 rows as set.

Next (increase) row: Rib 3 (3) (4), up1, [rib 5 (4) (3), up1] to last 4 (3) (5) sts, rib to end — 38 (42) (46) sts.

Change to No. 8 (4 mm) needles and k2 rows. Keeping continuity of gst, inc 1 st each end of next row and 11 following 3rd (4th) (4th) rows — 62 (66) (70) sts. K another 16 (15) (23) rows. Cast off.

LEFT MITTEN:

● Work as right mitten from *** to ***.

Next row: P nil (1) (nil), [k1, p1] 8 (8) (9) times, turn and leaving remaining 16 (17) (18) sts on a spare needle, work on these 16 (17) (18) sts for buttonhole flap thus:

Next row: [K1, p1] to last nil (1) (nil) st, k nil (1) (nil).

Work as right mitten from **** to ****.

LEFT SLEEVE:

● With wrong side facing, using No. 10 (3¼ mm) needles, rejoin m to remaining 16 (17) (18) sts and work thus:

Next row (wrong side): Cast on 8 (8) (9) sts and work across all

sts thus: P nil (nil) (1), [k1, p1] to last nil (1) (nil) st, k nil (1) (nil).

Next row: Cast on 8 (9) (9) sts, p nil (nil) (1), [k1, p1] to last nil (nil) (1) st, k nil (nil) (1) — 32 (34) (36) sts.

Work as right sleeve from ***** to end.

NECKBAND:

● Join shoulder seams. With right side facing, using No. 10 (3¼ mm) needles and m, pick up and k19 (20) (21) sts from right front neck, k 22 (22) (24) sts at back neck, increasing 1 st, then pick up and k 19 (20) (21) sts from left front neck — 61 (63) (67) sts.

1st rib row: P1, [k1, p1]

to end. **2nd rib row:**

K1, [p1, k1] to end. Rib another 4 rows.

Next row: Rib 5 and leave on a safety-pin, rib 5 (5) (4), inc, [rib 9 (6) (7), inc] to last 10 (10) (9) sts, rib 5 (5) (4), turn, slip last 5 sts on to safety-pin — 56 (60) (64) sts.

FOR HOOD:

● Change to No. 8 (4 mm) needles and k 54 (62) (70) rows.

SHAPE TOP:

Next row: K37 (39) (41), k2tog, turn. **Next row:** K19, k2togb, turn.

Next row: K19, k2tog, turn. Repeat last 2 rows 16 (18) (20) times more, then 1st of these rows again. Leave remaining 20 sts on a st holder.

HOOD EDGING:

With wrong side facing, using No. 10 (3¼ mm) needles, rejoin m to 5 sts on safety-pin at right side of hood and rib these 5 sts.

Next row: Rib 5, pick up and k26 (29) (32) sts from row-ends up right side of hood, k 20 sts at centre, decreasing 1 st, pick up and k 26 (29) (32) sts from row-ends down left side of hood, then rib 5 from safety-pin — 81 (87) (93) sts. Rib 7 rows as on neckband. Cast off in rib.

BUTTONHOLE BORDER:

● With right side facing, using No. 10 (3¼ mm) needles and m, pick up and k 85 (93) (101) sts evenly along row-ends of right front opening, including neckband and hood edging. Rib 3 rows as on neckband.

1st buttonhole row: Rib 3 (5) (7), [cast off 1,

rib a further 11 (12) (13)] 6 times, cast off 1, rib to end.

2nd buttonhole row:

Rib to end, casting on 1 st over each st cast off in previous row. Rib another 2 rows. Cast off in rib.

BUTTON BORDER:

● Beginning at hood edging, work as buttonhole border, omitting buttonholes.

SOLE PADS

(make 2)

● With No. 8 (4 mm) needles and c cast on 8 sts and k 1 row. Continuing in gst, inc 1 st each end of next and following alternate row — 12 sts.

K21 rows — k13 rows here when working palm pads.

Dec 1 st each end of next and following alternate row — 8 sts. K1 row. Cast off.

PALM PADS

(make 2)

● Work as sole pads noting variation.

EARS

(make 4 pieces)

● With No. 8 (4 mm) needles and m cast on 16 sts. K13 rows, then dec 1 st each end of next row and 2 following alternate rows — 10 sts. K1 row. Cast off.

EAR LININGS

(make 2)

● With No. 8 (4 mm) needles and c cast on 12 sts and k 9 rows, then dec 1 st each end of next and following alternate row — 8 sts. K 1 row. Cast off.

TO MAKE UP

● Press as on ball band. Join inside leg seam. Fold underfoot seam in half from centre toe and join seam. Join crotch seams, then front seam from crotch to front opening. Place buttonhole border over button border and catch both row-ends to cast-off sts at base of front opening. Sew cast-off edge of sleeves to row-ends of armholes. Join side seam of mittens, leaving buttonhole flap free. Join sleeve seams. Sew on buttons to correspond with buttonholes. Pair and join paired ear pieces together; sew ear lining in place. Sew ear, sole and palm pads in place.