





Knit Jogging Suit

II 1/2" Fashion Doll (pictured on pages 12 & 13)

MATERIALS – 2 oz. small yarn & #1 double pointed (4) needles to give gauge of 8 sts per inch. I used Red Heart Baby Yarn. #5 crochet hook for crocheting around front edge. 6 yds of contrasting color.

SPECIAL ABBREVIATIONS – PM: Place Marker.
INC: Increase in next stitch.
MC: Main Color.
CC: Contrasting Color.

SPECIAL INSTRUCTIONS –

Knit Grey with Red Stripes: I used 6-strand embroidery thread – 14 grey and 2 red skeins. To make red stripes, when you have 82 sts, ending with purl row, change to red & work 2 rows of red. On sleeves do Rows 13-14 & 17-18 in red.

Knit White with Pink Stripe: Use materials given in pattern. Wind 2 bobbins each with 20" pink yarn. On Row 6 of sweatsuit top, attach pink (CC) in center sts of sleeve st, which is the 'P3' between the markers. Work as you did on the pants – slip the CC on the knit side, purl it on the purl side.

Knit Jogging Pants

Wind 2 bobbins each with 40" of CC color.

With MC, cast on 26 sts & knit 1 row.

Row 2: (K2 tog, YO) across, end with YO, K2 tog.

Row 3: Knit across.

Row 4: (K1, INC) across end with K1; 37 sts.

Row 5: Purl back, increasing to 42 sts.

Row 6: K10, * attach CC & K1, * K20, rpt * to *, K10.

continued on next page

Row 7: Purl all including CC sts. (*When changing colors, pick up CC under MC so it's twisted & doesn't leave a hole.*)

Row 8: K10, slip CC st, K20, slip CC st, K10.

Row 9: Purl across.

Note: From now on, slip the CC sts on the K side, purl them on the P side.

Rpt Rows 8 & 9 four more times.

Next 2 rows: Knit across, increasing in first & last st. Purl back. *This marks the top end of leg seam. You should now have 7 "slip" sts.*

Divide now & work first leg:

Work first 22 sts in stock st for 52 rows (*a total now of 33 slip sts*). Break CC color. Knit 1 row. (P2 tog) back, 11 sts on row. Knit 4 rows & bind off with K st. Rpt for other leg. Sew leg seams & back seams – before sewing completely to top be sure it will go on doll okay! If it is too tight at top leave 1/2" opening. Crochet a drawstring 8" long & weave through YO holes at waist.

Knit Jogging Top

First wind 4 yards of yarn in separate ball for making pouch later. See Special Instructions for making stripes on Sweatsuit Top.

Starting at neck, cast on 20 sts & knit 4 rows.

Row 5: P4, PM, P3, PM, P6, PM, P3, PM, P4.

Row 6: Knit, increasing before & after each marker.

Row 7: Purl.

Rpt Rows 6 & 7 till 92 sts, end with Row 7. *Sts divided 13-21-24-21-13.*

Work sleeves now:

K13, *work 21 sts between markers in stock st for 19 rows. (P2 tog) across, end with P1. Knit 4 rows & bind off.*

Attach yarn & knit next 24, rpt * to * for 2nd sleeve.

continued on next page

Attach yarn & knit remaining 13 sts. Weave in CC ends & sew sleeve seams.

Divide for 3 needles now:

Put 13 sts on each end on separate dp needles. With 4th needle, divide the center 24 sts so there are 12 on each needle (*this is the back of the sweater*).

Connect front row by knitting the 13 sts of the left front - *front of sweater now on one needle*. Knit next 24 sts so you are under right sleeve; end of first round.

Knit one round. On next rnd, K9, P8 (*the center 8 sts of front*), knit rest of rnd. Knit 18 more rnds, do not break yarn.

Put the back sts on one needle so you have a spare. Weave needle through the purl nubs under center front so you have 8 loops on needle.

Make pouch as follows using the extra ball of yarn:

Row 1: Knit 8 sts.

Row 2: K1, purl to last st, K1.

Row 3: K1, INC, knit to last 2 sts, INC, K1.

Rpt rows 2 & 3 till 18 sts on needle, then continue without increasing till you have worked 18 rows total (*same length as sweater*), do not bind off, break yarn leaving 10" end.

Lay needle with pouch sts against needle with sweater sts. With extra needle, slip 4 sts of sweater off left end. Then *slip 1 pouch st, slip 1 sweater st, rpt from * till all pouch sts used, slip last 4 sweater sts.

Divide sts of back on 2 needles again.

Next Rnd: K4, (K2 tog) 18 times, K4, knit rest of rnd.

Next Rnd: Knit, decreasing 12 sts evenly spaced.

(Purl 1 rnd, knit 1 rnd) twice, purl 1 more rnd & bind off loosely with knit st.

With 10" end left, sew one side of straight edge of pouch to sweater, weave through back of pouch to other side & rpt.

continued on next page

Make hood as follows:

Weave needle through neck edge to have 18 sts on needle. Knit 2 rows. Knit, increasing in every st. Purl back & work in stock st for 1 3/4" (or larger if desired). Make sure the stock st of hood is same as sweater!

K16, turn, slip 1 st, purl back. K 14, turn, slip 1 st, purl back.

K12, turn, slip 1 st, purl back. Knit across row.

P16, turn, slip 1, knit back. P14, turn, slip 1, knit back.

P12, turn, slip 1, knit back. Purl across row.

Either bind off with K st, fold & sew seam, or divide sts on two needles & weave with kitchener st. *Do not* weave in ends to finish unless you are sure hood will fit as some dolls have much more hair than others. You might need to make larger.

Beginning at center front, with yarn & #5 hook, sc entirely around front opening & hood.

Tie strings with yarn & #5 hook: ch 24, sc at neckline where you want one tie string, sc around hood ending at opposite side of first sc. Ch 24 & break yarn.

For buttons, sew on seed beads & make loops on opposite side.

Knit Running Shoes

With MC, cast on 8 sts. P 1 row.

With CC, knit 1 row, P 1 row.

With MC, K 6 rows.

With CC, K 1 row, P 1 row. Break off CC.

With MC, K 1 row & bind off with P st & break yarn.

CC yarn ends are at the heel end. Weave them in & sew heel seam. Sew toe seam & sew 1/2 of top. ☼

