

Gourmet
Crochet

Gwendolyn Doll



Crochet abbreviations

ch(s)	chain(s)
dc	double crochet
rnd	round
sc	single crochet
slk	slip
sl	slip
sl st	slip stitch
sp(s)	space(s)
st(s)	stitch(es)

Introduction

Gwendolyn is the first in my new series of art dolls in crochet. I hope to share with you the feeling of happiness and empowerment I get from creating offbeat, funky art dolls in clay, cloth, metal—and crochet. My influences are elinor peace bailey, Susannah Oroyan, Maureen Carlson, Miriam Gourley and so many more that I cannot possibly name them all here.

In choosing colors for your Gwendolyn, I invite you to consider the color wheel. Red, blue and yellow at triangular points on the wheel, and all the colors in between. My favorite technique is to choose a series of colors that are next to each other on the wheel. For example, for a blue-based doll, choose colors trending to the green side of blue with aqua, turquoise, teal, and trending to the red side of blue with purple and lavender. The result is a lovely cool-toned doll with aqua skin and garments including darker shades of all these colors.

For my red-based doll, I used the same process, selecting warm tones that range from red and pinks to yellow with several shades of orange between.

General instructions

Body parts are made by working in rounds without joining. To make this easier, use a scrap of yarn between the last st of one row and the first st of the next row. Flip the end of scrap yarn to the front on one row; then to the back on the next row and so on, weaving through work as you stitch. When counting rounds, count just to the right of scrap yarn.

To change colors, in last sc before color change, do not complete sc. Do not pull yarn through last 2 loops on hook; pull new color through last 2 loops on hook. Make next sc with new color. Cut first color, leaving yarn tail. For stuffed segments, yarn tail does not need to be woven in but can be left to the inside of work.

Size

17" tall

Materials

Four-ply worsted-weight yarn in colors of choice (see Introduction for notes on choosing colors for Gwendolyn)

Small amount Fun Fur or other eyelash yarn for hair

F or G, H and K crochet hooks

1/8" half-ball shank buttons (optional) for doll eyes. These may also be made using French knots and black yarn, or using other doll eyes as you choose.

Polyester stuffing

Gauge

To make doll head, arms, legs, and body, use a crochet hook that creates stitches firm enough so that stuffing does not show through stitches. Generally I use either a F or G hook, depending on yarn.

Stitch gauge is approximately 4 sc and 4 rows per inch with acrylic worsted-weight yarn. For softer yarns and some wools, there will be more stitches and rows per inch—this is OK; achieving a firm crochet fabric for stuffed parts is more important than exact gauge.

Instructions

Head

Rnd 1: With smallest hook and skin color, ch 4, join with sl st in first ch to form ring, ch 1, 7 sc in ring, do not join; work in rnds using a scrap of yarn to mark ends of rnds. (7)

Rnd 2: 2 sc in each sc around. (14)

Rnd 3: (2 sc in next st, sc in next st) around. (21)

Rnd 4: (Sc in next 2 sts, 2 sc in next st) around. (28)

Rnd 5: (Sc in next st, 2 sc in next st, sc in next 2 sts) around. (35)

Rnds 6-11: Sc in each st around. (35)

Rnd 12: (Sc next 2 sts together, sc in next 3 sts) around. (28)

Rnd 13: (Sc in next 2 sts, sc next 2 sts together) around. (21)

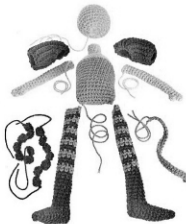
Rnd 14: (Sc next 2 sts together, sc in next st) around. (14)

Stuff.

Rnd 15: (Sc in next st, sc next 2 sts together) 3 times, sc in last 2 sts, sl st in next st. Fasten off.

Body

Rnd 1: Beginning at neck, with smallest hook and skin color, ch 10, join with sl



st in first sc to form ring, ch 1, sc in each ch around, do not join; work in rnds using a scrap of yarn to mark ends of rnds. (10)

Rnds 2-6: Sc in each st around. (10)

Rnd 7: (2 sc in next st, sc in next st) around. (15)

Rnd 8: (Sc in next 2 sts, 2 sc in next st) around. (20)

Rnd 9: (Sc in next st, 2 sc in next st, sc in next 2 sts) around. (25)

Rnd 10: (Sc in next 4 sts, 2 sc in next st) around. (30)

Rnd 11: Sc in each st around. (30)

Rnd 12: Sc in each st around, changing to bodice color in last st (see General Instructions for how to change colors).

Rnds 13-26: With bodice color, sc in each st around.

Rnd 27: (Sc next 2 sts together, sc in next 4 sts) around, sl st in next st. (25) Fasten off.

Stuff. Flatten bottom; sew seam flat across bottom.

Boot and leg (make 2)

Rnd 1: With smallest hook and boot color, beginning at toe, ch 4, join with sl st in first ch, ch 1, 4 sc in ring, do not join; work in rnds using a scrap of yarn to mark ends of rnds. (4)

Rnd 2: 2 sc in next st, sc in next 3 sts. (5)

Rnd 3: 2 sc in next st, sc in next 4 sts. (6)

Rnd 4: 4 sc in next 3 sts, 2 sc in next st, sc in next 2 sts. (7)

Rnd 5: 2 sc in next st, sc in next 6 sts. (8)

Rnd 6: 6 sc in next 3 sts, 2 sc in next st, sc in next 4 sts. (9)

Rnds 7-2: 2 sc in next st, sc in next 8 sts. (10)

Rnds 8-10: Sc in each st around. (10)

Row 11: Sc in first 8 sts, turn. (8)

Rows 12-15: Ch 1, sc in 8 sts, turn. At end of row 15, do not turn. Do not fasten off.

Rnd 16: To begin boot upper and working in rounds, working in ends of rows 11-15, sc in end of next 4 rows, sc in 2 unworked sts on rnd 10, sc in end of next 4 rows, join with sl st in first sc. (10) This creates a round at top of ankle area of boot and leaves an open area at heel. This will be sewn closed after stuffing.

Rnd 17: Ch 1, sc in first sc, sc in each st around, do not join; work in rnds using a scrap of yarn to mark ends of rnds. (10)

Rnds 18-23: Sc in each st around. (10) Change colors to leg stripe color in last st of last rnd.

Rnds 24-25: With first leg stripe color, sc in each st around, changing to second leg stripe color in last st of last rnd.

Rnds 26-27: With second leg stripe color, sc in each st around, changing to first leg stripe color in last st of last rnd.

Rnds 28-47: Repeat rnds 24-27.

At end of last rnd, sl st in next st. Fasten off; sew top of leg seam flat with toe pointing forward.

Arm (make 2)

Rnd 1: With smallest hook and skin color, starting at hand, ch 4, sc in second ch from hook, sc in next 2 ch; working on opposite side of starting ch, sc in next 3 ch, do not join; work in rnds using a scrap of yarn to mark ends of rnds. (6)

Rnds 2-3: Sc in each st around.

Rnd 4: 3 dc in next st, sc in next 5 sts. (8)

Rnd 5: Sc next 3 dc together to form thumb, sc in next 5 sts. (6)

Rnd 6: Sc in next 3 sts, 2 sc in next st, sc in next 2 sts. (7)

Rnds 7-24: Sc in each st around.

At end of last rnd, sl st in next st. Fasten off.

Boot cuff (make 2)

With smallest hook and boot color, (ch 4—counts as ch 1 and dc, 4 dc in fourth ch from hook, remove hook from lp, insert hook in top of first dc, pull dropped lp through—popcorn made) 7 times. Fasten off. (7 popcorns)

Sleeve (make 2)

Note: Work rows 2-26 in back lps only.

Row 1: With H hook and sleeve color, ch 7, sc in second ch from hook, sc in each ch across, turn. (6)

Row 2: Working in back lps only, ch 1, sc in each st across, turn. (6)

Row 3: Ch 1, 2 sc in first st, sc in each st across, turn. (7)

Row 4: Ch 1, sc in each st across to last st, 2 sc in last st, turn. (8)

Rows 5-12: Repeat rows 3-4. (16 sts at end of row 12)

Rows 13-15: Ch 1, sc in each st across, turn. (16)

Row 16: Ch 1, sc in each st across to last 2 sts, sc last 2 sts together, turn. (15)

Row 17: Ch 1, skip first st, sc in next st, sc in each st across, turn. (14)

Rows 18-25: Repeat rows 16-17. (6 sts at end of row 25)

Row 26: Ch 1, sc in each st across, do not turn. (6)

Crochet across sleeve cap: Ch 1, working in ends of rows, (skip next row, sc in end of next row) across, do not turn. Do not fasten off. (13)

Sleeve seam: Holding row 26 and row 1 together, sl st together through both layers to form sleeve seam.

Crochet around sleeve edge: Ch 1, working in ends of rows, sc in same st, (skip next row, sc in end of next row) around, join with sl st in first sc. Fasten off. (13)

Bodice band

Row 1: With H hook and bodice color, ch 31, sc in second ch from hook, sc in each ch across. Fasten off.

Hat/hair

Rnd 1: With K hook and fur yarn, ch 5, join with sl st in first ch to form ring, ch 1, 8 sc in ring, do not join; work in rnds using a scrap of yarn to mark ends of rnds. (8)

Rnd 2: 2 sc in each sc around. (16)

Rnd 3: (2 sc in next st, sc in next st) around. (24)

Rnd 4: (Sc in next 2 sts, 2 sc in next st) around. (32)

Rnd 5-8: Ch 2, hdc in each st around, join in top of ch 2. (32) Fasten off.

Rnd 9: Turn piece over, with wrong side of work facing you (right side of hat is wrong side of rnds 1-8), with H hook and hat band/headband color, join with sc in any st, sc in each st around, join.

Rnd 10: Ch 1, sc in each st around, join. Fasten off.

Bloomers

Rnd 1: With H hook and bloomers color, beginning at waist, ch 34, sc in second ch from hook and in each ch across, join with sl st in first sc. (33)

Rnd 2: Ch 3, dc in same st, 2 dc in each st around, join with sl st in top of ch 3. (66)

Rnds 3-4: Ch 3, dc in next st, dc in each st around, join.

Rnd 5: (separate legs) Ch 6, skip next 32 sts, sl st in next st, ch 3, dc in next 32 sts, ch 6, join with sl st in top of ch 3. (39)

Rnds 6-8: Ch 3, dc in each st around to ch, join. (36)

Rnd 9: Ch 1, sc in same st, ch 3, skip next st, (sc in next st, ch 3, skip next st) around, join with sl st in first sc. Fasten off, leaving tail.

Remaining leg

Rnd 5: Join with sl st in first unworked dc on rnd 4, ch 3, dc in each remaining st around, dc in opposite side of each of the 6 ch at crotch, join.

Rnds 6-9: Work same as for first leg.

Entrelac skirt

Note: Entrelac is made block by block. Each rnd is actually a strip of blocks, each is made with rows of essentially Tunisian crochet. Because the rows are so short, a Tunisian or Afghan stitch hook is not needed; entrelac can be made with a regular crochet hook.

First block

Beginning at bottom of skirt, with K hook and first skirt color, ch 100.

Row 1: Pull up lp in second ch from hook, pull up lp in next 4 ch (6 lps on hook), (yo, pull through 2 lps on hook) 5 times (1 lp remains on hook).

Rows 2-4: Skip first vertical bar, pull up lp in next 4 vertical bars, pull up lp in next ch, (6 lps on hook), yo, pull

through 2 lps on hook) 5 times.

Bind off: Skip first vertical bar, sl st in next 4 vertical bars, sl st in next ch.

Next block

Row 1: Pull up lp in next 5 ch, (6 lps on hook), (yo, pull through 2 lps on hook) 5 times (1 lp remains on hook).

Rows 2-4: Skip first vertical bar, pull up lp in next 4 vertical bars, pull up lp in next ch, (6 lps on hook), yo, pull through 2 lps on hook) 5 times.

Bind off: Skip first vertical bar, sl st in next 4 vertical bars, sl st in next ch.

Repeat "next block" for a total of 11 blocks. Being careful not to twist strip of blocks, join with sl st to right-hand point of first block, forming ring of blocks. Fasten off.

Next rnd of blocks

First block

Row 1: Join second block color with sl st in first sl st at top of any block, pull up lp in next 5 sts, (yo, pull through 2 lps on hook) 5 times (1 lp remains on hook).

Rows 2-4: Skip first vertical bar, pull up lp in next 4 vertical bars, pull up lp in next st on side of next block, (yo, pull through 2 lps on hook) 5 times.

Bind off: Skip first vertical bar, sl st in next 4 vertical bars, sl st in sl st at top point of block.

Next block

Row 1: Pull up lp in next 5 sts, (yo, pull through 2 lps on hook) 5 times (1 lp remains on hook).

Rows 2-4: Skip first vertical bar, pull up lp in next 4 vertical bars, pull up lp in next st on side of next block, (yo, pull through 2 lps on hook) 5 times.

Bind off: Skip first vertical bar, sl st in next 4 vertical bars, sl st in sl st at top point of block.

Repeat "next block" around, join. Fasten off.

Repeat "next rnd of blocks" for one more rnd of each color as shown in photo.

Bottom edging

Join color to match bottom ring of blocks with sc in point of any block on bottom ring of blocks, 2 sc in same st, *sc in next 3 sts, skip 2 sts (skipping 2 sts at inner point between blocks), sc in next 3 sts **, 3 sc in point of block; repeat from * around ending last repeat at **, join. Fasten off.

Joining bloomers to skirt at waist

Rnd 1: Hold bloomers inside skirt; with H hook and bloomers color, joining with sc working through both layers, and working on opposite side of starting ch on bloomers as follows: insert hook in st before point of any block and in any st on bloomers, yo, pull lp through, complete sc; in this manner, sc in two more sts at point of block and in next 2 sts on bloomers; sc in three sts at point of each block and in each st around bloomers, join. (33)

Rnd 2: Ch 1, sc in first 9 sts, sc next 2 sts together, (sc in next 9 sts, sc next 2 sts together) around, join. Fasten off, leaving tail. (30)

Nose

With smallest hook and skin color, ch 2, 3 sc in second ch from hook. Fasten off. If round nose is desired (shown on blue doll), with tapestry needle, bring yarn tail through first st; shape into round shape.

If long triangular nose is desired (shown on red doll), pull yarn tail upward and with fingers, shape nose into triangular shape with yarn tail at top. It will not be an exact triangle.

Exact nose shape is not important—almost every nose will be slightly different by the time it is sewn into place.

Flower

Rnd 1: With smallest hook and flower center color, ch 4, join with sl st in first ch to form ring, ch 1, 8 sc in ring, do not join, work in rnds. (8)

Rnd 2: 2 sc in each st around, sl st in next st. Fasten off. (16)

Rnd 3: Join petals color with sl st in any st, ch 1, ch 1, 3 dc in next st, ch 1, (sl st in next st, ch 1, 3 dc in next st, ch 1) around, join in first sl st. Fasten off. (8 petals)

Surface crochet

embellishment: Holding embellishment color under flower, insert hook in center of flower and pull lp through, insert hook in first st, pull lp through from underneath forming ch st, (insert hook in next st, pull lp through from underneath) around. When last st is complete, cut yarn leaving tail and pull yarn end through to front. Bring yarn over lp of last st and back through to underside in same st. Weave in yarn ends to secure, leaving one yarn end near center for sewing flower in place.

Assembly

1: Sew legs to body at body bottom.

2: Sew arms to sides of body 2 rnds above bodice band.

3: For each boot cuff, sew ends of boot cuff together and sew cuff around top of boot with popcorns facing out and joining at back.

4: For bodice band, sew ends of band together and sew around top of bodice.

5: For each sleeve, slip sleeve over arm; sew carefully to body, tacking sleeve to body at front, center and back of arm joining, and underneath arm.

6: Embroider lips 3 rnds from bottom of head at center front of rnd.

Using a doubled strand of lips color, bring needle into back of head and out at one side of lips;

insert needle at other side of lips (over 2 sts) and bring needle out at back of head. Use tip of needle to loosen lip strands as needed, and pull strands from back of head until lips are as desired. Lips are formed from the two strands; upper and lower lips are each one strand. I usually pull top lip strand slightly tighter than bottom lip—the slightly looser bottom lip strand gives the look of a slightly fuller bottom lip. If desired, use more strands

or embroider lips over more stitches to make a smile.

7: Position bottom of nose 1 rnd above lips; nose over 2 or 3 rows. Centering nose, sew in place using sewing stitches to help shape nose as desired.



8: Position eyes 1 rnd above top of nose and with 1 st between eyes. Sew button eyes in place with sewing thread and needle; or glue eyes in place if doll will not be used for play. If doll will be used as a toy for a small child, make eyes with French knots and one strand of black yarn.

9: Shake hat/hair vigorously to free strands of fur yarn. Place on head as shown in photo. Sew in place using band color.

10: Place skirt/bloomers on doll with waistband 5 rnds below bodice band; sew waistband in place.

11: Using yarn tails at legs of bloomers, weave in and out of every other st around rnd 8 of each bloomer leg; pull to gather bloomers to fit around leg. Secure with small stitches.

12: Sew flower in place as shown in cover photo. ❧